



Friday 5 Series 2019 -
Supported by East of England Co-Op

Junior Series Individual Results by Age Group

Place	Name	Cat	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 3
1st	Millie-Rose DOWNS	FU9	Ipswich Jaffa	500	0	0	500	500	500	1500
2nd	Ella KADING	FU9		497	500	499	499	499	498	1498
3rd	Lara Stincic-Clarke	FU9	Ipswich Jaffa	0	0	498	495	498	499	1495
4	Erin STEWART	FU9	Saint Edmund Pacers	0	0	497	496	497	0	1490
5	Lou Lou ECCLES	FU9	Saint Edmund Pacers	499	494	0	493	0	493	1486
6	Zuzanna Bulacz	FU9		0	498	493	494	0	490	1485
7	Lilly GAVIN	FU9	Felixstowe Road Runners	498	495	492	492	0	486	1485
8	Ella EDWARDS	FU9		494	490	0	0	494	482	1478
9	Maisie ABLETT	FU9		489	491	0	490	496	0	1477
10	Mistie Henington	FU9	Colchester & Tendring AC	0	493	490	491	492	489	1476
11	Amelia ARIYO	FU9	Kesgrave Kruisers	496	489	0	0	487	485	1472
12	Elissia BELL	FU9	The Bell Family	495	0	489	487	488	483	1472
13	Cienna TELFORD	FU9	Great Bentley RC	0	0	0	489	495	487	1471
14	Ayla MILNER	FU9		0	0	488	488	489	488	1465
15	Rehya ARIYO	FU9	Kesgrave Kruisers	491	488	0	0	484	475	1463
16	Isabella MAYCOCK	FU9		493	0	484	483	485	474	1462
17	Annelise BELL	FU9	The Bell Family	483	0	480	482	480	470	1445
18	Sophie ALDERTON	FU9		481	482	0	0	477	0	1440
19	Lana WILKINSON	FU9		0	0	482	0	482	468	1432
20	Zoe Barr	FU9		0	496	0	0	483	0	979
21	Lulu Gooding	FU9	Springfield Striders	0	0	487	0	491	0	978
22	Sophie WINSTANLEY	FU9	Saint Edmund Pacers	0	0	486	486	0	0	972
23	Olivia Biven	FU9		0	484	0	0	478	0	962
24	Thea SIMMONS	FU9		0	0	481	0	481	0	962
25	Martha MAY	FU9	Braintree And District Athletics	0	0	500	0	0	0	500

26	Felicity Morris	FU9	Framlingham Flyers	0	499	0	0	0	0	499
27	Poppy MOORE	FU9	West Suffolk Wheelers	0	0	0	498	0	0	498
28	Angel Jasper	FU9	Great Bentley RC	0	0	0	0	0	497	497
29	Libery Morris	FU9	Framlingham Flyers	0	497	0	0	0	0	497
30	Orla TAYLOR	FU9		0	0	0	497	0	0	497
31	Evie Foster	FU9	Great Bentley RC	0	0	0	0	0	496	496
32	Mia Lawes	FU9	Tiptree Road Runners	0	0	496	0	0	0	496
33	Tallulah-Mae MORRIS	FU9		0	0	495	0	0	0	495
34	Maisie Wright	FU9		0	0	0	0	0	495	495
35	Laila MCNEILL	FU9		0	0	494	0	0	0	494
36	Ella Simpson	FU9	Great Bentley RC	0	0	0	0	0	494	494
37	Isabelle SMITH	FU9		0	0	0	0	493	0	493
38	Jodie Black	FU9		0	0	0	0	0	492	492
39	Jessica BROWNLEE	FU9		492	0	0	0	0	0	492
40	Betsy Kirk	FU9	Framlingham Flyers	0	492	0	0	0	0	492
41	Luna-Rose MORRIS	FU9		0	0	491	0	0	0	491
42	Ella Wright	FU9		0	0	0	0	0	491	491
43	Caitlin BREWSTER	FU9		490	0	0	0	0	0	490
44	Amelie MACLENNAN	FU9		0	0	0	0	490	0	490
45	Elissa FORD	FU9		488	0	0	0	0	0	488
46	Corinne AHMED	FU9		487	0	0	0	0	0	487
47	Daisy Patenoster	FU9		0	487	0	0	0	0	487
48	Neala BROWN	FU9		486	0	0	0	0	0	486
49	Darcy Kindred	FU9		0	486	0	0	0	0	486
50	Elena WYATT	FU9		0	0	0	0	486	0	486
51	Amelia CROSS	FU9		0	0	0	485	0	0	485
52	India Hall	FU9	Framlingham Flyers	0	485	0	0	0	0	485
53	Phoebe LAWRENCE	FU9		485	0	0	0	0	0	485
54	Abigail RIGBY	FU9	Hadleigh Hares	0	0	485	0	0	0	485
55	Paige FORD	FU9		484	0	0	0	0	0	484
56	Serenity Hayward	FU9		0	0	0	0	0	484	484
57	Megan WADE	FU9		0	0	0	484	0	0	484
58	Isla DENNETT	FU9		0	0	483	0	0	0	483
59	Phia farthing	FU9		0	483	0	0	0	0	483
60	Isabella TROWER	FU9		482	0	0	0	0	0	482
61	Joss Kirk	FU9	Framlingham Flyers	0	481	0	0	0	0	481
62	Madison Powell	FU9		0	0	0	0	0	481	481
63	Jemima Hall	FU9	Framlingham Flyers	0	480	0	0	0	0	480
64	Chloe Iddon	FU9		0	0	0	0	0	480	480

65	Elsie BRIGHT	FU9		0	0	0	0	0	479	479
66	Poppy DOUGLAS	FU9		0	0	0	0	479	0	479
67	Olivia PICKERING	FU9		0	0	0	0	0	478	478
68	Caitlin HARRISON	FU9		0	0	0	0	0	477	477
69	Isla Chandler	FU9		0	0	0	0	0	476	476
70	Yasmin Leek	FU9		0	0	0	0	0	473	473
71	Anna-Mae Stacey	FU9		0	0	0	0	0	472	472
72	Lucy GOODING-MATTHE	FU9		0	0	0	0	0	471	471
73	Gracie Hastings	FU9		0	0	0	0	0	469	469
74	Ellie Done	FU9		0	0	0	0	0	467	467
75	Mia Iddon	FU9		0	0	0	0	0	466	466
76	Florence Massey	FU9		0	0	0	0	0	465	465

Place	Name	Cat	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 3
1st	Verity VALENTINE	FU11	Saint Edmund Pacers	0	0	500	500	500	0	1500
2nd	Eloise PERRY	FU11	Saint Edmund Pacers	500	0	0	0	499	499	1498
3rd	Bella JAMESON	FU11	Ipswich Jaffa	497	499	499	497	498	500	1498
4	Imogen PORCH	FU11	Stowmarket Striders	0	0	498	498	497	498	1494
5	Lily AMBROSE	FU11	Stowmarket Striders	0	0	0	496	496	497	1489
6	Ella STEWART	FU11	Saint Edmund Pacers	0	0	497	495	494	0	1486
7	Kate Russell	FU11	Haverhill Running Club	0	0	494	493	493	494	1481
8	Imogen Catley	FU11	Felixstowe Road Runners	0	495	493	492	0	491	1480
9	Jessica AMBROSE	FU11	Stowmarket Striders	0	0	0	491	492	492	1475
10	Phoebe Duffin	FU11		0	500	0	0	495	0	995
11	Stella CHANDLER	FU11	Running Colchester	0	0	495	0	0	495	990
12	Charlotte ROOKE	FU11	Saint Edmund Pacers	499	0	0	0	491	0	990
13	Alice WINSTANLEY	FU11	Saint Edmund Pacers	0	0	496	494	0	0	990
14	Jasmine MORRIS	FU11		494	491	0	0	0	0	985
15	Amelia MUMFORD	FU11	TRISudbury	495	0	0	490	0	0	985
16	Cailey BREWSTER	FU11		492	485	0	0	0	0	977
17	Bella TAYLOR	FU11	West Suffolk Athletics Club	0	0	0	499	0	0	499
18	Otilie HEATHER HAYES	FU11		498	0	0	0	0	0	498
19	Lilly Jerrold	FU11		0	498	0	0	0	0	498
20	Isabella Kindred	FU11	Framlingham Flyers	0	497	0	0	0	0	497
21	Georgie Langford	FU11	Framlingham Flyers	0	496	0	0	0	0	496
22	Poppy PUPPARD	FU11		496	0	0	0	0	0	496
23	Naomi Sandercock	FU11		0	0	0	0	0	496	496
24	Emily Clark	FU11	Framlingham Flyers	0	494	0	0	0	0	494
25	Imogen Hall	FU11	Framlingham Flyers	0	493	0	0	0	0	493
26	Cherish Hayward	FU11		0	0	0	0	0	493	493
27	Finlay WARREN	FU11		493	0	0	0	0	0	493
28	Kiera Hambling	FU11		0	492	0	0	0	0	492
29	Elizabeth RIGBY	FU11	Hadleigh Hares	0	0	492	0	0	0	492
30	Mya GREEN	FU11	TRISudbury	0	0	491	0	0	0	491
31	Mauve Burch	FU11	Framlingham Flyers	0	490	0	0	0	0	490
32	Amelia NICHOLS	FU11		0	0	490	0	0	0	490
33	Lucy Warren	FU11		0	0	0	0	0	490	490
34	Isabel GARRARD	FU11		0	0	0	489	0	0	489
35	Martha Johnson	FU11		0	489	0	0	0	0	489
36	Rhinna Reeve	FU11		0	0	0	0	0	489	489
37	Grace SECKER	FU11		0	0	489	0	0	0	489
38	Lois Gibbs	FU11		0	0	0	0	0	488	488

39	Hannah Read	FU11		0	488	0	0	0	0	488
40	Gracie THOMPSON	FU11	Haverhill Running Club	0	0	0	488	0	0	488
41	Maisie CORNISH	FU11		0	0	0	487	0	0	487
42	Charlotte Gray	FU11	Framlingham Flyers	0	487	0	0	0	0	487
43	Maisie Harrison	FU11	Framlingham Flyers	0	486	0	0	0	0	486

Place	Name	Cat	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 3
1st	Rachel SANDERCOCK	FU13	Colchester & Tendring AC	500	0	500	0	499	500	1500
2nd	Freya Wilcox	FU13	Ipswich Jaffa	0	500	499	0	498	499	1498
3rd	Georgia BARROW	FU13	Ipswich Jaffa	499	0	498	499	0	0	1496
4	Sophie GATHORNE-HAR	FU13	Saint Edmund Pacers	497	498	497	498	496	0	1493
5	Florence WEST	FU13	Saint Edmund Pacers	498	485	0	497	497	0	1492
6	Faith KEIGHLEY	FU13	Saint Edmund Pacers	496	497	496	0	0	0	1489
7	Olivia Catley	FU13	Felixstowe Road Runners	0	494	495	496	0	496	1487
8	Emma SMITH	FU13	Stowmarket Striders	494	495	0	0	492	495	1484
9	Millie HENINGTON	FU13	Colchester & Tendring AC	495	493	493	493	489	494	1482
10	Jessica Read	FU13	Felixstowe Road Runners	0	496	0	495	491	0	1482
11	Emily BREWSTER	FU13	Stowmarket Striders	492	489	491	490	0	492	1475
12	Jasmine SELFE	FU13	Stowmarket Striders	493	487	0	0	486	0	1466
13	Sinead Buick	FU13	Stowmarket Striders	0	488	0	489	488	0	1465
14	Ruby BARR	FU13		488	0	0	0	500	0	988
15	Charlotte HULYER	FU13	Haverhill Running Club	0	0	0	494	493	0	987
16	Eleanor WELDON	FU13	Ipswich Jaffa	491	486	0	0	0	0	977
17	Amelie TAYLOR	FU13	West Suffolk Athletics Club	0	0	0	500	0	0	500
18	Millie Taylor	FU13	Framlingham Flyers	0	499	0	0	0	0	499
19	Harriet Dobson	FU13	Harwich Runners	0	0	0	0	0	498	498
20	Grace Black	FU13		0	0	0	0	0	497	497
21	Josephine BEER	FU13	Stowmarket Striders	0	0	0	0	495	0	495
22	Mia DRURY	FU13		0	0	494	0	0	0	494
23	Annie OWENSTIFF	FU13	Stowmarket Striders	0	0	0	0	494	0	494
24	Frances Leverack	FU13		0	0	0	0	0	493	493
25	Ella BODSWORTH	FU13	Hadleigh Hares	0	0	0	492	0	0	492
26	Lucy Green	FU13		0	492	0	0	0	0	492
27	Erin SARI	FU13		0	0	492	0	0	0	492
28	Imogen FOREMAN	FU13		0	0	0	491	0	0	491
29	Megan Hughes	FU13		0	0	0	0	0	491	491
30	Amber Whittingstall	FU13	Framlingham Flyers	0	491	0	0	0	0	491
31	Maisie Ali	FU13	Framlingham Flyers	0	490	0	0	0	0	490
32	Amelia CALVER	FU13		490	0	0	0	0	0	490
33	HARRIET OWENSTIFF	FU13	Stowmarket Striders	0	0	0	0	490	0	490
34	Evie CLARKE	FU13		489	0	0	0	0	0	489
35	Ella GARRARD	FU13		0	0	0	488	0	0	488
36	Holly ATTWELL	FU13		0	0	0	487	0	0	487
37	Ruby DOUGLAS	FU13		0	0	0	0	487	0	487

Place	Name	Cat	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 3
1st	Stephanie ALLEN	FU15	Saint Edmund Pacers	500	0	500	500	500	0	1500
2nd	Ellen MOODIE	FU15	Framlingham Flyers	499	500	0	499	499	0	1498
3rd	Sophie RUSSELL	FU15	Haverhill Running Club	0	0	499	498	497	498	1495
4	Juliet BIGLEY	FU15	Haverhill Running Club	0	0	497	497	498	0	1492
5	Chloe Heeks	FU15	Stowmarket Striders	0	498	495	493	495	497	1490
6	Leonie BEVAN	FU15	Haverhill Running Club	0	0	496	495	0	0	991
7	Aimee HEEKS	FU15	Stowmarket Striders	0	0	0	494	496	0	990
8	Millie Presland	FU15	Great Bentley RC	0	0	0	0	0	500	500
9	Dalia Jaballah	FU15	Harwich Runners	0	0	0	0	0	499	499
10	Jodie Stace	FU15		0	499	0	0	0	0	499
11	Grace DRURY	FU15	TRISudbury	0	0	498	0	0	0	498
12	Emily SMITH-EVANS	FU15		498	0	0	0	0	0	498
13	Annabel HENSON	FU15	Saint Edmund Pacers	0	0	0	496	0	0	496

Place	Name	Cat	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 3
1st	Harrison CUMNER	MU9	Colchester & Tendring AC	499	500	500	499	473	500	1500
2nd	Jason GEORGALAS	MU9	Ipswich Jaffa	498	499	499	500	500	499	1499
3rd	Alex GEORGALAS	MU9	Ipswich Jaffa	497	498	498	498	499	496	1495
4	Harry AMBROSE	MU9		0	0	0	496	498	498	1492
5	Oliver Lambert	MU9	Saint Edmund Pacers	0	496	0	495	497	0	1488
6	Oli HUMPHRYS	MU9		492	494	493	0	495	495	1484
7	Sebastian Garner	MU9	Haverhill Running Club	0	493	0	493	496	0	1482
8	Adam Bulacz	MU9		0	486	488	491	491	490	1472
9	Maddox REILLY	MU9	Felixstowe Road Runners	495	490	0	487	0	0	1472
10	Ezra SIMMONS	MU9	Saint Edmund Pacers	493	0	489	484	486	0	1468
11	Miles LUGO	MU9		0	0	485	490	489	488	1467
12	Riley WILKINSON	MU9		0	0	490	0	488	487	1465
13	Noah Thorpe	MU9		0	481	0	0	484	485	1450
14	Corey MILNER	MU9		0	0	483	481	480	480	1444
15	Joseph BESLEY	MU9	Stowmarket Striders	0	0	0	494	493	0	987
16	Logan MARSH	MU9	Saint Edmund Pacers	0	0	0	492	494	0	986
17	Finley GRIMWOOD	MU9		0	0	0	0	492	491	983
18	Monty Palmer	MU9	Stowmarket Striders	0	488	0	0	0	494	982
19	Matthew BLACKWELL	MU9	Saint Edmund Pacers	0	0	492	489	0	0	981
20	Billy Holland	MU9	Kesgrave Kruisers	0	489	0	0	490	0	979
21	Sam HAMILTON	MU9	Stowmarket Striders	490	0	487	0	0	0	977
22	Jacob ELSDON-CROWN	MU9	Saint Edmund Pacers	0	0	0	482	487	0	969
23	Moses BIGLEY	MU9	Haverhill Running Club	0	0	0	483	483	0	966
24	Reuben ELSDON-CROW	MU9	Saint Edmund Pacers	0	0	0	479	478	0	957
25	Jake FORDER	MU9	Saint Edmund Pacers	0	0	0	480	477	0	957
26	Tommy FORDER	MU9		0	0	0	478	475	0	953
27	Ethan WADE	MU9	Ipswich Jaffa	500	0	0	0	0	0	500
28	Isaac DUNN	MU9		0	0	0	497	0	0	497
29	Rueben Harrison	MU9	Framlingham Flyers	0	497	0	0	0	0	497
30	Charlie Sharpe	MU9	Great Bentley RC	0	0	0	0	0	497	497
31	Oscar SMITH-DAVIS	MU9	TRISudbury	0	0	497	0	0	0	497
32	Zachary DENNETT	MU9		0	0	496	0	0	0	496
33	Samuel SOUTHGATE	MU9	Ipswich Jaffa	496	0	0	0	0	0	496
34	Niall Kennedy	MU9		0	495	0	0	0	0	495
35	Reece MCNEILL	MU9		0	0	494	0	0	0	494
36	Toby PAGE	MU9		494	0	0	0	0	0	494
37	Freddie POPE	MU9		0	0	0	0	0	493	493
38	Finley Hambling	MU9		0	492	0	0	0	0	492

39	Connor Sharpe	MU9	Great Bentley RC	0	0	0	0	0	492	492
40	Oliver Plant	MU9		0	491	0	0	0	0	491
41	Fynley READ	MU9		491	0	0	0	0	0	491
42	Oliver Stokoe	MU9	Braintree And District Athletics	0	0	491	0	0	0	491
43	William AYKROYD	MU9		489	0	0	0	0	0	489
44	Samuel Nial	MU9		0	0	0	0	0	489	489
45	Henry AYKROYD	MU9		488	0	0	0	0	0	488
46	Oliver CROSS	MU9		0	0	0	488	0	0	488
47	Theo JOHNSON	MU9		487	0	0	0	0	0	487
48	Ben Read	MU9		0	487	0	0	0	0	487
49	Joshua ARNOLD	MU9	Saint Edmund Pacers	0	0	486	0	0	0	486
50	Thomas FISHER	MU9		0	0	0	486	0	0	486
51	Monty PUPPARD	MU9		486	0	0	0	0	0	486
52	Harvey Stacey	MU9		0	0	0	0	0	486	486
53	Lewis GODDARD	MU9		0	0	0	0	485	0	485
54	Benjamin ONEILL	MU9	Saint Edmund Pacers	0	0	0	485	0	0	485
55	Oscar Pendle	MU9	Framlingham Flyers	0	485	0	0	0	0	485
56	Isaac TROWER	MU9		485	0	0	0	0	0	485
57	Max COURT	MU9		484	0	0	0	0	0	484
58	Rowan Kennedy	MU9		0	484	0	0	0	0	484
59	Kyan MCNEILL	MU9		0	0	484	0	0	0	484
60	Luke Poole	MU9		0	0	0	0	0	484	484
61	Max Sears	MU9	Framlingham Flyers	0	483	0	0	0	0	483
62	Jacob Spence	MU9		0	0	0	0	0	483	483
63	Lucas Coates	MU9	Saint Edmund Pacers	0	0	482	0	0	0	482
64	Jake Sears	MU9	Framlingham Flyers	0	482	0	0	0	0	482
65	William SELF	MU9		0	0	0	0	0	482	482
66	Harry SMITH	MU9		0	0	0	0	482	0	482
67	Oliver Nial	MU9		0	0	0	0	0	481	481
68	Louis SANDERS	MU9		0	0	0	0	481	0	481
69	Joseph Austin	MU9		0	480	0	0	0	0	480
70	Daniel Blacker	MU9		0	0	0	0	0	479	479
71	Noah Farthing	MU9		0	479	0	0	0	0	479
72	Samuel WYATT	MU9		0	0	0	0	479	0	479
73	Seth Dawson	MU9		0	478	0	0	0	0	478
74	Freddie Smith	MU9		0	0	0	0	0	478	478
75	Brodi Wakeling	MU9		0	0	0	0	0	477	477
76	Albert BRIGHT	MU9		0	0	0	0	0	476	476
77	Harry DOUGLAS	MU9		0	0	0	0	476	0	476

78	Max HARRISON	MU9		0	0	0	0	0	475	475
79	Finn Massey	MU9		0	0	0	0	0	474	474
80	Isaac PETTITT	MU9		0	0	0	0	474	0	474
81	Ryan Mann	MU9		0	0	0	0	0	473	473
82	Henry GOODING-MATTH	MU9		0	0	0	0	0	472	472
83	Charlie Roxby-Clark	MU9		0	0	0	0	0	471	471

Place	Name	Cat	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 3
1st	Sebastian Melero	MU11	West Suffolk Athletics Club	0	500	0	500	500	500	1500
2nd	Max JEFFERY	MU11	West Suffolk Athletics Club	500	0	499	499	0	0	1498
3rd	Jack LUGO	MU11	Ipswich Harriers	499	0	498	497	499	494	1496
4	Luke STAFFORD	MU11	Ipswich Jaffa	498	498	497	495	497	499	1495
5	Charlie SMITH	MU11	Stowmarket Striders	497	0	0	0	495	498	1490
6	Thomas Southwood	MU11	Saint Edmund Pacers	0	496	494	0	494	497	1487
7	Luke GAVIN	MU11	Felixstowe Road Runners	496	492	0	493	0	495	1484
8	Lester PALMER	MU11	Stowmarket Striders	495	490	0	488	492	492	1479
9	Tom PHILLIPS	MU11		0	0	492	0	493	493	1478
10	Harry Read	MU11	Felixstowe Road Runners	0	493	0	492	490	0	1475
11	Mackenzie RILEY	MU11	Saint Edmund Pacers	493	491	491	491	0	0	1475
12	Rhys BRIGGS	MU11	Ipswich Jaffa	494	485	0	0	0	491	1470
13	Tommy CUMNER	MU11	Colchester & Tendring AC	488	487	490	485	0	490	1468
14	Oliver MAYCOCK	MU11		492	0	486	486	488	487	1467
15	Luca KADING	MU11	Stowmarket Striders	489	484	487	482	486	489	1465
16	Lewis SELFE	MU11	Stowmarket Striders	490	489	0	484	0	0	1463
17	Ethan LINSELL	MU11	Kesgrave Cruisers	491	0	486	483	485	0	1462
18	William GARNHAM	MU11	Stowmarket Striders	483	0	484	478	481	484	1451
19	Stanley MICKLEBURGH	MU11	Kesgrave Cruisers	484	0	0	480	483	0	1447
20	Finlay Buick	MU11	Stowmarket Striders	0	481	0	481	482	0	1444
21	Samuel BLACKWELL	MU11	Saint Edmund Pacers	0	0	500	498	0	0	998
22	Noah BESLEY	MU11	Stowmarket Striders	0	0	0	494	496	0	990
23	Jude FRANCIS	MU11		0	0	0	489	491	0	980
24	Jayden BROWNHILL	MU11	Saint Edmund Pacers	0	0	0	490	489	0	979
25	Luke BROWNHILL	MU11	Saint Edmund Pacers	0	0	0	487	487	0	974
26	Kieran Holland	MU11	Kesgrave Cruisers	0	488	0	0	484	0	972
27	Marco Barricella	MU11	Stowmarket Striders	0	479	483	0	0	0	962
28	Brandon Barber	MU11	Framlingham Flyers	0	499	0	0	0	0	499
29	Roman GAMBLING	MU11	Stowmarket Striders	0	0	0	0	498	0	498
30	Tommy Kirk	MU11	Framlingham Flyers	0	497	0	0	0	0	497
31	Sam BALDRY	MU11	Saint Edmund Pacers	0	0	0	496	0	0	496
32	Riley DENNETT	MU11		0	0	496	0	0	0	496
33	Louie Wright	MU11	Colchester & Tendring AC	0	0	0	0	0	496	496
34	Freddie Paternoster	MU11	Framlingham Flyers	0	495	0	0	0	0	495
35	Henry Stokoe	MU11	Braintree And District Athletics	0	0	495	0	0	0	495
36	Jacob Dawson	MU11		0	494	0	0	0	0	494
37	Jack BENTLEY	MU11	Saint Edmund Pacers	0	0	493	0	0	0	493
38	Ollie READ	MU11	Ipswich Harriers	0	0	489	0	0	0	489

39	James Blacker	MU11	Great Bentley RC	0	0	0	0	0	488	488
40	Caleb Lee	MU11	Colchester Harriers	0	0	488	0	0	0	488
41	George CALVER	MU11		487	0	0	0	0	0	487
42	Cabhan BROWN	MU11		486	0	0	0	0	0	486
43	Niall Cox	MU11	Framlingham Flyers	0	486	0	0	0	0	486
44	Finley WRIGHT	MU11		0	0	0	0	0	486	486
45	Daniel Cooper	MU11	Hadleigh Hares	0	0	485	0	0	0	485
46	Alfie COURT	MU11		485	0	0	0	0	0	485
47	Omar Jaballah	MU11		0	0	0	0	0	485	485
48	Thomas Hastings	MU11		0	0	0	0	0	483	483
49	Stanley Peacher	MU11	Framlingham Flyers	0	483	0	0	0	0	483
50	Ollie Ryall	MU11	Framlingham Flyers	0	482	0	0	0	0	482
51	Eddie Sears	MU11	Framlingham Flyers	0	480	0	0	0	0	480
52	Tom ATTWELL	MU11		0	0	0	479	0	0	479

Place	Name	Cat	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 3
1st	Ben PHILLIPS	MU13	Haverhill Running Club	0	0	500	500	500	500	1500
2nd	Luca BARRICELLA	MU13	Stowmarket Striders	500	500	499	499	0	499	1499
3rd	Sidney TILLEY	MU13	Ipswich Jaffa	498	0	0	497	498	498	1494
3	Harvey FOREMAN	MU13	Diss & District AC	499	498	497	494	0	495	1494
5	Iwan FOTHERGILL	MU13	Ipswich Harriers	497	499	496	496	497	497	1493
6	Jed RANDALL	MU13	Haverhill Running Club	0	0	494	495	495	494	1484
7	Andrew BUDD	MU13		490	0	492	491	0	0	1473
8	Charlie ROBERTS	MU13	Sudbury Joggers	489	489	490	0	0	0	1468
9	Harry PAGE	MU13	Ipswich Harriers	496	497	0	0	0	0	993
10	Ben HOWLETT	MU13	Ipswich Jaffa	494	0	495	0	0	0	989
11	Joshua ROOKE	MU13	Saint Edmund Pacers	495	0	0	0	493	0	988
12	Charlie NOAKES	MU13	Haverhill Running Club	0	0	0	493	494	0	987
13	Tommy BENTLEY	MU13	Saint Edmund Pacers	0	0	493	492	0	0	985
14	ADAM EVERITT	MU13	Haverhill Running Club	0	0	491	490	0	0	981
15	Ashley TAYLOR	MU13	Ipswich Jaffa	0	0	0	0	499	0	499
16	Archie TAYLOR	MU13	West Suffolk Athletics Club	0	0	0	498	0	0	498
17	Patrick WRIGHT	MU13		0	0	498	0	0	0	498
18	Luca GAMBLING	MU13	Stowmarket Striders	0	0	0	0	496	0	496
19	William Gilmour	MU13	Framlingham Flyers	0	496	0	0	0	0	496
20	Charlie Minnette	MU13	Haverhill Running Club	0	0	0	0	0	496	496
21	Ben Risby	MU13	Ipswich Harriers	0	495	0	0	0	0	495
22	Owen Cox	MU13	Framlingham Flyers	0	494	0	0	0	0	494
23	Oliver Baker	MU13		0	493	0	0	0	0	493
24	Charlie HENNAH	MU13		493	0	0	0	0	0	493
25	Harrison Leek	MU13	Great Bentley RC	0	0	0	0	0	493	493
26	Mason Groom	MU13		0	492	0	0	0	0	492
27	Oliver HEATHER HAYES	MU13		492	0	0	0	0	0	492
28	Max Stapleton	MU13	Harwich Runners	0	0	0	0	0	492	492
29	Josh GOODWIN	MU13	Felixstowe Road Runners	491	0	0	0	0	0	491
30	Daniel Robb	MU13		0	491	0	0	0	0	491
31	Harry Clark	MU13	Framlingham Flyers	0	490	0	0	0	0	490
32	Kian BREWSTER	MU13		488	0	0	0	0	0	488

Place	Name	Cat	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 3
1st	Lewis SULLIVAN	MU15	Saint Edmund Pacers	500	500	500	500	500	0	1500
2nd	Max Berry	MU15	Saint Edmund Pacers	0	499	499	499	499	0	1497
3rd	Jake HAYWARD	MU15	Stowmarket Striders	498	497	498	498	498	500	1496
4	Archie HENINGTON	MU15	Colchester & Tendring AC	499	498	497	497	497	499	1496
5	Benji DARKEN	MU15	Haverhill Running Club	0	0	0	495	495	498	1488
6	Samuel Slark-Hollis	MU15	Saint Edmund Pacers	0	496	495	496	494	0	1487
7	Christian HANMAN	MU15	Ipswich Jaffa	497	495	493	491	492	0	1485
8	Peter JOHNSTON	MU15	Haverhill Running Club	0	0	494	492	0	497	1483
9	Tobin SARI	MU15	Haverhill Running Club	0	0	496	493	493	0	1482
10	Sorren SPALL	MU15	Haverhill Running Club	0	0	0	488	489	496	1473
11	George NOAKES	MU15	Haverhill Running Club	0	0	491	490	490	0	1471
12	Ted SALT	MU15	Haverhill Running Club	0	0	490	489	488	0	1467
13	Charlie BEER	MU15	Stowmarket Striders	0	0	0	487	487	0	974
14	Finley DAVIS	MU15	Stowmarket Striders	0	0	0	0	496	0	496
15	Harry WAKEFIELD	MU15	Saint Edmund Pacers	0	0	0	494	0	0	494
16	Aidan PRIDAY	MU15	TRISudbury	0	0	492	0	0	0	492
17	EDWARD OWEN-STIFF	MU15	Stowmarket Striders	0	0	0	0	491	0	491