

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	Points
26.	450	Philippa UNTHANK	FU20	Ipswich Harriers	0:30:41	500
33.	180	Jessie GOODERHAM	FS	Saint Edmund Pacers	0:31:15	499
36.	218	Aiko HENINGTON	FV40	Colchester Harriers AC	0:31:29	498
45.	215	Alice HEATHER - HAYES	FV40	Hadleigh Hares AC	0:32:03	497
49.	136	Emma DRURY	FS	Sudbury Joggers	0:32:14	496
55.	181	Alice GOODWIN	FS	Ipswich Harriers	0:32:39	495
64.	267	Katie KING	FS	Saint Edmund Pacers	0:33:28	494
86.	160	Rebecca FISH	FS	Unattached	0:34:21	493
87.	495	Emily ZETHRAEUS	FS	Great Bentley Running Club	0:34:22	492
91.	341	Rebecca PITTMAN	FV55	Springfield Striders RC	0:34:38	491
107.	16	Christine ANTHONY	FV55	Saint Edmund Pacers	0:35:34	490
112.	51	Sally-ann BOWEN	FV45	Sudbury Joggers	0:35:39	489
114.	232	Rosie HORSFIELD	FS	Ipswich Jaffa RC	0:35:47	488
118.	318	Emma MORTIMER	FS	Unattached	0:36:03	487
121.	252	Val JENNINGS	FV55	Ipswich Jaffa RC	0:36:11	486
128.	372	Kate SANDERCOCK	FV45	Colchester Harriers AC	0:36:33	485
130.	427	Holly TAYLOR	FS	Felixstowe RRC	0:36:35	484
131.	323	Mary NAREY	FV50	Stowmarket Striders Running Club	0:36:36	483
133.	29	Helen BARBER	FS	Framlingham Flyers	0:36:42	482
136.	413	Julia STELL	FV40	Ipswich Jaffa RC	0:36:53	481
139.	187	Terri GREEN	FS	Ipswich Jaffa RC	0:37:07	480
141.	319	Rose MORTIMER	FU20	Unattached	0:37:10	479
146.	269	Magdalena KOMOROWSKA	FV40	Great Bentley Running Club	0:37:26	478
158.	56	Kaye BRANTON	FV45	Felixstowe RRC	0:37:59	477
160.	105	Sophie COLEMAN	FS	Ipswich Jaffa RC	0:38:07	476
162.	195	Jackie HANN	FV50	Sudbury Joggers	0:38:12	475
164.	286	Vashti MACDONALD-CLINK	FS	Cambridge & Coleridge AC	0:38:15	474
165.	409	Victoria STACE	FV40	Framlingham Flyers	0:38:18	473
166.	463	Sandra WEBB	FV45	Saint Edmund Pacers	0:38:19	472
168.	386	Jenny SHEAHAN	FV55	Eastern Veterans AC	0:38:31	471
174.	102	Hayley COATES	FS	Saint Edmund Pacers	0:38:48	470
175.	389	Gemma SHEPPARD	FS	Unattached	0:38:52	469
176.	127	Karen DEASY	FV40	Unattached	0:38:56	468
178.	182	Christine GOODWIN	FV50	Unattached	0:39:00	467
184.	435	Emma THISTLETON	FS	TRISudbury	0:39:12	466
193.	222	Hien HOANG	FS	Great Bentley Running Club	0:39:44	465
195.	200	Joanne HARPER	FS	Felixstowe RRC	0:39:52	464
200.	460	Lynsey WARREN	FS	Unattached	0:40:09	463
202.	175	Belinda GODBOLD	FV60	Ipswich Jaffa RC	0:40:10	462
210.	39	Marion BENNETT	FS	Ipswich Jaffa RC	0:40:44	461
213.	462	Kirsty WEAVERS	FV55	Saint Edmund Pacers	0:40:54	460
216.	494	Goldie YULE	FV45	Unattached	0:41:03	459
217.	206	Jan HART	FV45	Unattached	0:41:05	458
220.	335	Jane PARKINGTON	FV45	Unattached	0:41:08	457
221.	46	Maxine BISHOP	FV50	Unattached	0:41:09	456
223.	302	Sandra MAYHEW	FV55	Stowmarket Striders Running Club	0:41:10	455
226.	339	Sandy PHILLIPS	FV50	Ipswich Jaffa RC	0:41:22	454
227.	64	Alisa Newman	FS	Unattached	0:41:33	453
231.	334	Jo PARDEN	FV50	Framlingham Flyers	0:41:52	452
232.	5	Pauline ADAMS	FV45	Unattached	0:42:01	451

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Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	Points
233.	492	Carissa WYATT	FV40	Unattached	0:42:05	450
236.	113	Ruth COWLIN	FV50	Sudbury Joggers	0:42:20	449
238.	472	Nicola WHITLEY	FV45	Capel Cheetahs RC	0:42:25	448
239.	313	Jenny MORGAN	FV60	Saint Edmund Pacers	0:42:27	447
240.	191	Karen HAMILTON	FV45	Stowmarket Striders Running Club	0:42:27	446
241.	446	Ellen TURNER	FS	Unattached	0:42:30	445
243.	249	Trish JARVIS	FV50	Jogging Made Easy	0:42:35	444
244.	466	Helena WEST	FV50	Saint Edmund Pacers	0:42:36	443
245.	445	Courtney TURNER	FU20	Felixstowe RRC	0:42:41	442
247.	373	Bobbie SAUERZAPF	FV60	Bungay Black Dog RC	0:42:49	441
248.	322	Alison MYLES	FV45	Unattached	0:42:50	440
249.	356	Maria RIERA TURRO	FS	Felixstowe RRC	0:42:51	439
250.	293	Christine MARSH	FV60	Stowmarket Striders Running Club	0:42:55	438
251.	91	Diane CHILVERS	FV50	Unattached	0:42:59	437
252.	316	Heidi MORRIS	FS	Unattached	0:43:03	436
253.	107	Laura COLLINSON	FV45	Unattached	0:43:05	435
261.	382	Bridget SEARS	FS	Framlingham Flyers	0:43:32	434
264.	392	Lydia SIMMONS	FS	Saint Edmund Pacers	0:43:45	433
265.	459	Sharon WARLAND	FV50	Stowmarket Striders Running Club	0:43:47	432
266.	423	Caroline TALBOT	FV40	Ipswich Jaffa RC	0:43:50	431
267.	170	Juliet GARNHAM	FV45	Stowmarket Striders Running Club	0:43:51	430
269.	357	Charlotte RING	FS	Unattached	0:44:00	429
270.	398	Alex SMITH	FV40	Stowmarket Striders Running Club	0:44:12	428
271.	276	Marion LEWIS	FV60	Saxmundham Sports Running & Fitness	0:44:16	427
273.	228	Nathalie HOOPER	FV50	Hadleigh Hares AC	0:44:21	426
274.	205	Deb HART	FV50	Unattached	0:44:22	425
275.	150	Becky ELLUL	FS	Felixstowe RRC	0:44:29	424
277.	94	Jenny CHURCH	FV55	Felixstowe RRC	0:44:39	423
278.	498	Christine EVANS	FV40	Unattached	0:44:42	422
279.	48	Joanna BLYTH	FV45	Felixstowe RRC	0:44:42	421
280.	8	Mary AKIN-GEORGE	FV40	Unattached	0:44:42	420
281.	280	Steph LING	FS	Unattached	0:44:45	419
282.	153	Melonie EVANS	FV45	TRISudbury	0:44:52	418
283.	342	Helen POLLARD	FS	Unattached	0:44:58	417
285.	33	Alison BEECH	FV60	Ipswich Jaffa RC	0:45:02	416
286.	44	Eloise BIRD	FV50	Saint Edmund Pacers	0:45:03	415
287.	261	Beverley JUDD	FV45	Unattached	0:45:11	414
289.	465	Nicola WELDON	FV40	Ipswich Jaffa RC	0:45:18	413
291.	393	Marion SIMMONS	FV55	Great Bentley Running Club	0:45:21	412
292.	117	Amanda CRICHTON	FV40	Unattached	0:45:24	411
294.	144	Gemma DUTTON	FS	Unattached	0:45:32	410
296.	19	Suzi ASHWORTH	FV55	Woodbridge Shufflers Running Club	0:45:42	409
297.	174	Kathryn GERRY	FV45	Woodbridge Shufflers Running Club	0:45:44	408
300.	312	Clare MOODIE	FV40	Framlingham Flyers	0:45:55	407
301.	188	Ruth GREGGOR	FV55	Unattached	0:45:57	406
303.	484	Denise WRIGHT	FV55	Stowmarket Striders Running Club	0:46:06	405
305.	119	Hannah DALE	FS	Unattached	0:46:23	404
307.	203	Kate HARROLD	FV45	Unattached	0:46:34	403
309.	370	Francesca RUSSO	FS	Unattached	0:46:38	402
310.	167	Edwina FROST	FV60	Unattached	0:46:41	401

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Place	Bib	Name	Cat	Club	GunTime	Points
312.	430	Vivienne TAYLOR	FV65	Framlingham Flyers	0:46:53	400
313.	410	Caroline STAFFORD	FV40	Felixstowe RRC	0:46:55	399
314.	57	Rachal BRETT	FS	Unattached	0:46:56	398
315.	310	Lois MICKLEBURGH	FV45	Unattached	0:46:57	397
319.	499	Laura EDWARDS	FS	Unattached	0:47:11	396
320.	320	Julia MOSS-ECCARDT	FV45	Stowmarket Striders Running Club	0:47:14	395
322.	240	Tracy HUMPHREYS	FV55	Stowmarket Striders Running Club	0:47:21	394
325.	90	Amanda CHILDS	FV45	Ipswich Jaffa RC	0:47:29	393
326.	233	Adriana HOUCHELL	FS	Ipswich Jaffa RC	0:47:29	392
328.	419	Hollie SUTHERLAND	FS	Felixstowe RRC	0:47:31	391
329.	227	Helen HOLLINGSWORTH	FV45	Felixstowe RRC	0:47:34	390
330.	264	Wendy KELLETT	FV45	Unattached	0:47:35	389
331.	216	Tamsin HEGARTY	FV40	Felixstowe RRC	0:47:46	388
332.	176	Mandy GODBOLD	FV50	Ipswich Harriers	0:47:50	387
335.	420	Lisa SUTHERLAND	FV45	TRISudbury	0:48:13	386
336.	168	Suzanne FROST	FV45	TRISudbury	0:48:21	385
338.	184	Vivienne GRAY	FV65	Unattached	0:48:29	384
339.	133	Charlotte DOWNING	FV40	Unattached	0:48:33	383
340.	340	Emily PINNER	FS	Unattached	0:48:36	382
341.	424	Alison TAYLOR	FV50	Unattached	0:48:39	381
343.	71	Jodie BUDD	FV40	Sudbury Joggers	0:48:44	380
344.	347	Amanda PRIOR	FV50	Capel Cheetahs RC	0:48:44	379
345.	234	Hayley HOWARD	FV40	Unattached	0:48:45	378
347.	58	Amanda BREWSTER	FV45	Stowmarket Striders Running Club	0:48:47	377
349.	198	Lucia HARDWICK	FV40	Unattached	0:48:52	376
351.	437	Cheryl THOMAS	FV55	Ipswich Jaffa RC	0:48:57	375
352.	123	Pippa DAVIES	FV40	Unattached	0:49:11	374
353.	1	Kirsty ABERDEIN	FV45	Unattached	0:49:11	373
354.	2	Tamsin ABERDEIN	FV40	Unattached	0:49:11	372
355.	395	Karen SKENE	FV50	Capel Cheetahs RC	0:49:13	371
356.	32	Bethany BEDINGFIELD	FS	Unattached	0:49:13	370
358.	365	Claire ROOKE	FV45	Sudbury Joggers	0:49:22	369
359.	85	Gillian CHARLTON	FV60	Stowmarket Striders Running Club	0:49:27	368
360.	358	Jan RISEBROW	FV55	Felixstowe RRC	0:49:28	367
362.	354	Alison RENSHAW	FV40	Ipswich Jaffa RC	0:49:31	366
363.	155	Teresa FARMER	FV50	Great Bentley Running Club	0:49:32	365
364.	487	Maureen WRIGHT	FV70+	Ipswich Jaffa RC	0:49:36	364
365.	241	Karina HUNT	FS	Haverhill Running Club	0:49:39	363
366.	453	Kelly WADE	FS	Unattached	0:49:41	362
368.	429	Tracey TAYLOR	FV45	Unattached	0:49:54	361
369.	295	Kirsty MARSH	FS	Felixstowe RRC	0:49:55	360
370.	114	Sarah COX	FV50	Unattached	0:49:56	359
371.	390	Lisa SHUMAKE	FV40	Unattached	0:50:11	358
373.	77	Dara BYHAM	FV50	Unattached	0:50:31	357
374.	491	Sue WRIGHT	FV60	Great Bentley Running Club	0:50:59	356
375.	268	Heidi KNIGHT	FV45	Capel Cheetahs RC	0:51:02	355
376.	416	Helen SUGARS	FV50	Unattached	0:51:11	354
377.	208	Anne HARVEY	FV55	Ipswich Jaffa RC	0:51:12	353
378.	490	Julie WRIGHT	FV55	Unattached	0:51:13	352
379.	100	Sarah CLARKE	FS	TRISudbury	0:51:28	351

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Place	Bib	Name	Cat	Club	GunTime	Points
380.	238	Annette HUGGINS	FV65	Framlingham Flyers	0:51:31	350
382.	456	Kate WARBOYS	FV45	Newmarket Joggers	0:51:48	349
384.	95	Tina CHURCH	FV45	Saxmundham Sports Running & Fitness	0:52:23	348
385.	185	Jan GREEN	FV70+	Framlingham Flyers	0:52:38	347
386.	210	Angela Whiting	FV55	Stowmarket Striders Running Club	0:52:39	346
387.	65	Emma BROWN	FV40	Unattached	0:52:44	345
388.	480	Samantha WILSON	FS	Unattached	0:52:59	344
390.	66	Samantha BROWN	FV50	Unattached	0:53:58	343
391.	101	Emma CLIFTON	FS	Unattached	0:55:11	342
392.	282	Nicola LLOYD	FV55	Unattached	0:55:25	341
393.	421	Simone SUTHERLAND	FV60	Framlingham Flyers	0:55:25	340
395.	443	Claire TROWER	FS	I Can Run CIC	0:55:41	339
396.	400	Heather SMITH	FV45	I Can Run CIC	0:55:47	338
397.	326	Emma NEWMAN	FV40	Unattached	0:56:09	337
398.	162	Maggie FLATT	FV60	Beccles & Bungay Harriers	0:57:55	336
399.	139	Suzi DUNNING	FS	Stowmarket Striders Running Club	0:58:09	335
401.	229	Mary HOPE	FV60	Stowmarket Striders Running Club	0:58:56	334
402.	116	Sue CRAWTE	FV55	Sudbury Joggers	0:59:11	333
403.	192	Sally-ann HAMMOND	FV55	Unattached	0:59:14	332
404.	47	Susan BLOOMFIELD	FV50	Unattached	0:59:14	331
405.	380	Joanna SEALE	FV40	Unattached	0:59:16	330
406.	213	Sharon HAYFIELD	FV45	Unattached	0:59:17	329
407.	217	Claire HEMPSTEAD	FV40	I Can Run CIC	0:59:30	328
408.	7	Lucy AINSLEY	FS	Unattached	0:59:30	327
409.	220	Vicki HENSBY	FV40	Unattached	0:59:51	326
411.	172	Chris GAY	FV65	Lonely Goat Running Club	1:01:09	325
412.	60	Doranne BREWSTER	FS	Unattached	1:01:17	324
413.	76	Claire BUTCHER	FS	Felixstowe RRC	1:01:17	323
414.	408	Jennifer SPINDLER	FS	Unattached	1:02:16	322
415.	130	Linda DORSET	FS	Felixstowe RRC	1:03:38	321
418.	156	Gaye FARRAR	FV70+	Framlingham Flyers	1:04:13	320
419.	254	Lauren JOHNSTON-WOOD	FS	Unattached	1:04:29	319
421.	406	Charmian SMY	FV65	Framlingham Flyers	1:06:24	318
423.	329	Anamaria O'Brien	FS	Unattached	1:12:38	317

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Place	Bib	Name	Cat	Club	GunTime	Points
1.	171	Tony GAVIN	MS	Felixstowe RRC	0:27:54	500
2.	73	Samuel BURDETT	MS	Stowmarket Striders Running Club	0:28:00	499
3.	475	Jack WILKINSON	MS	Unattached	0:28:38	498
4.	479	James WILSON	MS	Saxmundham Sports Running & Fitness	0:28:39	497
5.	452	Adam WADE	MS	Ipswich Jaffa RC	0:28:42	496
6.	214	Kieran HAYLES	MS	Sudbury Joggers	0:28:43	495
7.	441	Keith TILLEY	MV45	Ipswich Jaffa RC	0:28:48	494
8.	237	Adam HOWLETT	MV45	Framlingham Flyers	0:28:48	493
9.	296	Jason MARTER	MV40	Framlingham Flyers	0:28:59	492
10.	40	Matthew BENNETT	MU20	Ipswich Jaffa RC	0:28:59	491
11.	112	Aidan COUGHLAN	MS	Vegan Runners UK	0:29:03	490
12.	98	Nicholas CLARKE	MS	Ipswich Jaffa RC	0:29:12	489
13.	23	Matthew AXTON	MS	Saint Edmund Pacers	0:29:14	488
14.	108	Chris COOKE	MV55	Saint Edmund Pacers	0:29:15	487
15.	149	Andy ELLIS	MS	Felixstowe RRC	0:29:51	486
16.	199	Neal HARDWICK	MV40	Unattached	0:29:56	485
17.	388	Darren SHEPPARD	MV45	Framlingham Flyers	0:29:57	484
18.	405	Ashley SMY	MS	Framlingham Flyers	0:30:04	483
19.	78	Wilfred CAMPBELL	MV50	Ipswich Jaffa RC	0:30:09	482
20.	376	Gavin SCANLAN	MS	Colchester Harriers AC	0:30:21	481
21.	211	Mark HAYDEN	MV45	Framlingham Flyers	0:30:24	480
22.	61	Steve BROOKE	MV50	Felixstowe RRC	0:30:25	479
23.	35	Aden BELL	MS	Hadleigh Hares AC	0:30:27	478
24.	467	Peter WEST	MV55	Colchester Harriers AC	0:30:37	477
25.	68	Stuart BUCHAN	MS	Stowmarket Striders Running Club	0:30:38	476
27.	461	Mark WATTS	MV55	Saint Edmund Pacers	0:30:43	475
28.	338	Chris PERRY	MV40	Saint Edmund Pacers	0:30:57	474
29.	454	Westley WALKER	MV40	Haverhill Running Club	0:31:06	473
30.	13	Mark ALLEN	MV50	Ipswich Jaffa RC	0:31:08	472
31.	53	Philip BRACKENBURY	MV45	Unattached	0:31:10	471
32.	426	Gary TAYLOR	MS	Felixstowe RRC	0:31:14	470
34.	122	Matt DAVEY	MV40	Colchester Harriers AC	0:31:17	469
35.	439	John THORPE	MV45	Ipswich Jaffa RC	0:31:18	468
37.	263	Charles KEITCH	MV40	Great Bentley Running Club	0:31:29	467
38.	202	Robin HARPER	MV40	Felixstowe RRC	0:31:33	466
39.	438	Glynn THOMAS	MV55	Ipswich Jaffa RC	0:31:36	465
40.	173	Adam GERRISH	MS	Colchester Harriers AC	0:31:36	464
41.	115	Andrew CRAIG	MV45	Woodbridge Shufflers Running Club	0:31:40	463
42.	401	Jordan SMITH	MS	Ipswich Jaffa RC	0:31:54	462
43.	12	Tom ALEXANDER	MV40	Woodbridge Shufflers Running Club	0:31:55	461
44.	193	Tim HANMAN	MV45	Ipswich Jaffa RC	0:31:57	460
46.	330	Ricky O'Neill	MS	Ipswich Jaffa RC	0:32:03	459
47.	26	Terry BACK	MV60	Ipswich Jaffa RC	0:32:07	458
48.	99	Peter CLARKE	MV55	Diss & District AC	0:32:08	457
50.	166	Adrian FROST	MV45	Saint Edmund Pacers	0:32:22	456
51.	194	Charles HANN	MV50	Sudbury Joggers	0:32:31	455
52.	415	Chris SUGARS	MV45	Felixstowe RRC	0:32:33	454
53.	331	Paul OSBORNE	MV40	Felixstowe RRC	0:32:33	453
54.	476	Keith WILLIAMS	MV50	Ipswich Jaffa RC	0:32:38	452
56.	212	Tom HAYDEN	MU20	Framlingham Flyers	0:32:44	451

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Place	Bib	Name	Cat	Club	GunTime	Points
57.	301	Melvyn MAYCOCK	MS	Unattached	0:32:46	450
58.	81	Marcus CATLIN	MV40	Ipswich Jaffa RC	0:32:50	449
59.	294	David MARSH	MV40	Stowmarket Striders Running Club	0:33:06	448
60.	417	Daniel SUMMERSGILL	MS	Colchester Harriers AC	0:33:19	447
61.	262	Darren JUDD	MV45	Unattached	0:33:25	446
62.	434	William TERRY	MU20	Stowmarket Striders Running Club	0:33:25	445
63.	223	Alex HOBBS	MS	Stowmarket Striders Running Club	0:33:27	444
65.	348	Damian PRYKE	MV40	Unattached	0:33:29	443
66.	407	Gareth SOUTHGATE	MV45	Stowmarket Striders Running Club	0:33:30	442
67.	147	Andy ECCLES	MV45	Saint Edmund Pacers	0:33:36	441
68.	41	Conner BILNER	MU20	Ipswich Jaffa RC	0:33:38	440
69.	377	Nigel SCHOFIELD	MV50	Saint Edmund Pacers	0:33:44	439
70.	109	Paul COOLEGE	MU20	Unattached	0:33:44	438
71.	45	Peter BIRD	MV45	Saint Edmund Pacers	0:33:46	437
72.	246	Alan JACKSON	MV60	Ipswich Jaffa RC	0:33:47	436
73.	151	James ELLUL	MV40	Felixstowe RRC	0:33:48	435
74.	42	Oliver BINGHAM	MU20	Stowmarket Striders Running Club	0:33:50	434
75.	464	Vince WEBB	MV45	Saint Edmund Pacers	0:33:52	433
76.	448	Chris TYE	MV50	Ipswich Triathlon Club	0:33:53	432
77.	31	Neil BARNETT	MS	Unattached	0:33:55	431
78.	70	Andrew BUDD	MV55	Capel Cheetahs RC	0:34:02	430
79.	374	Len SAUNDERS	MV40	Felixstowe RRC	0:34:07	429
80.	248	Martin JARVIS	MV40	Unattached	0:34:09	428
81.	161	Tom Codling	MS	TRISudbury	0:34:10	427
82.	54	Dylan BRADNAM	MU20	Saint Edmund Pacers	0:34:11	426
83.	219	John HENINGTON	MV45	Colchester Harriers AC	0:34:17	425
84.	69	Kerry BUCKLEY	MV45	Felixstowe RRC	0:34:18	424
85.	92	Chris CHORLEY	MV55	Bungay Black Dog RC	0:34:20	423
88.	411	Simon STAFFORD	MV45	Unattached	0:34:36	422
89.	10	Duncan Scott	MS	Great Bentley Running Club	0:34:36	421
90.	457	Stuart WARD	MS	Unattached	0:34:37	420
92.	394	Michael SIMMONS	MV50	Great Bentley Running Club	0:34:43	419
93.	126	Craig DEARDEN-PHILLIPS	MV45	Unattached	0:34:44	418
94.	346	Stephen PRETTY	MV60	Saint Edmund Pacers	0:34:46	417
95.	271	Oliver LANGNER	MU20	Ipswich Jaffa RC	0:34:49	416
96.	201	Kevin HARPER	MV45	Unattached	0:34:58	415
97.	128	Ricky DEASY	MS	Unattached	0:35:00	414
98.	97	Neville CLARKE	MV65	Newmarket Joggers	0:35:04	413
99.	204	Max HARROLD	MS	Unattached	0:35:08	412
100.	30	Jonathan BARNES	MV40	Woodbridge Shufflers Running Club	0:35:13	411
101.	281	Kevin LINSELL	MV45	Unattached	0:35:13	410
102.	138	Stephen DUNNETT	MV60	Framlingham Flyers	0:35:21	409
103.	317	Paul MORRIS	MV40	Unattached	0:35:25	408
104.	158	Yusuf FIRAT	MV55	Haverhill Running Club	0:35:26	407
105.	451	Kirk VAUGHAN	MS	Unattached	0:35:27	406
106.	165	Simon FRASER	MV45	Unattached	0:35:31	405
108.	315	Vaughan MORRIS	MV55	Stowmarket Striders Running Club	0:35:34	404
109.	221	Richard HIGGINS	MV55	Framlingham Flyers	0:35:35	403
110.	381	Dean SEARLE	MV40	Felixstowe RRC	0:35:35	402
111.	486	Kenneth WRIGHT	MS	Ipswich Jaffa RC	0:35:39	401

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	Points
113.	367	Kyle ROPER	MV40	Ipswich Jaffa RC	0:35:44	400
115.	404	Scott SMITH	MS	Unattached	0:35:50	399
116.	186	Stuart GREEN	MV55	Stowmarket Striders Running Club	0:35:52	398
117.	384	Stephen SHAW	MV50	Felixstowe RRC	0:36:00	397
119.	236	Dave HOWGEGO	MV50	Unattached	0:36:04	396
120.	325	Stephen NEUMANN	MV40	Unattached	0:36:09	395
122.	36	Robin BELSOM	MV55	Ipswich Jaffa RC	0:36:20	394
123.	231	Gavin HORREX	MS	Unattached	0:36:21	393
124.	292	Peter MANSFIELD	MS	Sudbury Joggers	0:36:23	392
125.	154	Colin FARMER	MV55	Great Bentley Running Club	0:36:28	391
126.	478	Neil WILLIAMSON	MV40	Newmarket Joggers	0:36:31	390
127.	148	Andre EDWARDS	MV45	Unattached	0:36:31	389
129.	349	Justin RABETT	MV55	Saint Edmund Pacers	0:36:33	388
132.	336	Tim PARNELL	MV50	Unattached	0:36:36	387
134.	209	Stephen HATTEN	MV50	Saint Edmund Pacers	0:36:48	386
135.	129	Neil DENNIS	MS	Stowmarket Striders Running Club	0:36:51	385
137.	132	Mark DOWNEY	MV45	Felixstowe RRC	0:37:01	384
138.	224	Karl HOLBROOK	MV50	Unattached	0:37:03	383
140.	368	Mark ROSE	MV40	Ipswich Jaffa RC	0:37:10	382
142.	145	Rob DYER	MV40	Great Bentley Running Club	0:37:12	381
143.	378	Paul SCHWER	MV55	Felixstowe RRC	0:37:16	380
144.	314	Robert MORGAN	MV60	Saint Edmund Pacers	0:37:18	379
145.	59	David BREWSTER	MS	Unattached	0:37:22	378
147.	137	Scott DUNBAR	MS	Unattached	0:37:30	377
148.	55	Jamie BRANDON	MS	Unattached	0:37:30	376
149.	141	Steven DURRANT	MV55	Felixstowe RRC	0:37:37	375
150.	473	Graham WIGLEY	MV60	Framlingham Flyers	0:37:40	374
151.	80	David CASEY	MV50	Ipswich Triathlon Club	0:37:41	373
152.	383	Daniel SELFE	MV40	Stowmarket Striders Running Club	0:37:44	372
153.	14	Rob ANDERSON	MV50	Unattached	0:37:45	371
154.	369	Alex RUSSO	MS	Unattached	0:37:47	370
155.	17	Femi ARIYO	MV40	Unattached	0:37:49	369
156.	177	Mark GODBOLD	MV50	Ipswich Harriers	0:37:51	368
157.	256	Martin JONES	MV45	Unattached	0:37:57	367
159.	15	Mark ANDREWS	MV50	Unattached	0:38:05	366
161.	493	Dave YOUNG	MV45	Unattached	0:38:10	365
163.	4	John ADAMS	MV40	Ipswich Jaffa RC	0:38:13	364
167.	477	Matt WILLIAMS	MS	Unattached	0:38:30	363
169.	38	Jamie BENNETT	MV40	Ipswich Jaffa RC	0:38:35	362
170.	18	Ross ARNOLD	MS	Haverhill Running Club	0:38:37	361
171.	385	David SHEAHAN	MV55	Unattached	0:38:39	360
172.	22	Chris AXFORD	MV50	Jogging Made Easy	0:38:43	359
173.	352	Robert REASON	MV50	Stowmarket Striders Running Club	0:38:46	358
177.	396	Mark SKINNER	MV45	Unattached	0:38:57	357
179.	311	Tom MINNS	MS	Unattached	0:39:05	356
180.	164	Chris FOX	MV50	Woodbridge Shufflers Running Club	0:39:07	355
181.	309	Andrew METCALFE	MV45	Felixstowe RRC	0:39:08	354
182.	3	Jason ABLETT	MV45	Stowmarket Striders Running Club	0:39:09	353
183.	134	Timothy DRAIN	MS	Stowmarket Striders Running Club	0:39:11	352
185.	24	Tom AYKROYD	MV40	Unattached	0:39:18	351

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	Points
186.	305	David MCNAE	MS	Unattached	0:39:22	350
187.	178	Lee GODDARD	MV45	Stowmarket Striders Running Club	0:39:25	349
188.	366	Graham ROOKE	MV45	Unattached	0:39:26	348
189.	351	Matthew RAWLINGS	MV40	Saint Edmund Pacers	0:39:26	347
190.	274	Robert LEDGER	MV40	Unattached	0:39:32	346
191.	489	Jamie WRIGHT	MV40	Framlingham Flyers	0:39:41	345
192.	474	Patrick WILFORD	MS	Saxmundham Sports Running & Fitness	0:39:42	344
194.	120	Michael DALE	MV60	Unattached	0:39:50	343
196.	93	David CHURCH	MV45	Felixstowe RRC	0:39:52	342
197.	471	Chris WHITLEY	MV45	Unattached	0:39:58	341
198.	359	Stephen RITSON	MV50	Stowmarket Striders Running Club	0:39:59	340
199.	50	Keith BORRETT	MV65	Unattached	0:40:03	339
201.	468	John WESTON	MV60	Unattached	0:40:10	338
203.	163	Andrew FORSTER	MV55	Unattached	0:40:14	337
204.	140	Christopher DURRANT	MV50	Unattached	0:40:16	336
205.	431	Brian TELFORD	MV50	Great Bentley Running Club	0:40:17	335
206.	414	David STEWARD	MV55	Woodbridge Shufflers Running Club	0:40:18	334
207.	337	Clive PEMBERTON	MV50	Unattached	0:40:22	333
208.	300	Robert MAWSON	MV60	Framlingham Flyers	0:40:27	332
209.	345	Nick POTTER	MV55	Suffolk Trail Runners	0:40:31	331
211.	84	Stephen CHAPMAN	MV45	Stowmarket Striders Running Club	0:40:50	330
212.	235	Matt HOWE	MV40	Felixstowe RRC	0:40:53	329
214.	297	David MARTIN	MV60	Unattached	0:40:55	328
215.	303	Paul MCALLISTER	MV50	Hadleigh Hares AC	0:40:57	327
218.	458	Peter WARLAND	MV50	Stowmarket Striders Running Club	0:41:07	326
219.	157	Peter FINCH	MV55	Ipswich Jaffa RC	0:41:07	325
222.	497	Graham BERNTHAL	MV65	Unattached	0:41:09	324
224.	283	Patrick LOCKETT	MV70+	Newquay Road Runners	0:41:12	323
225.	207	Matthew HARVEY	MS	Unattached	0:41:13	322
228.	143	Kieran DURRANT	MU20	Unattached	0:41:42	321
229.	442	Christopher TRANTER	MV45	Unattached	0:41:44	320
230.	142	Aaron DURRANT	MU20	Unattached	0:41:45	319
234.	360	Joe ROBERTS	MS	Unattached	0:42:07	318
235.	343	James POLLARD	MV40	Bournville Harriers Running Club	0:42:17	317
237.	403	Richard SMITH	MV50	Saint Edmund Pacers	0:42:23	316
242.	104	Adrian COLE	MV55	Stowmarket Striders Running Club	0:42:31	315
246.	432	Andrew TERRY	MV50	Stowmarket Striders Running Club	0:42:47	314
254.	327	Mark NEWMAN	MV40	Unattached	0:43:07	313
255.	298	Stuart MATHIESON	MS	Sudbury Joggers	0:43:14	312
256.	436	Andrew THOMAS	MV55	Unattached	0:43:25	311
257.	34	Dan BELCHER-HACKETT	MV40	Stowmarket Striders Running Club	0:43:26	310
258.	169	Frank GARDINER	MV60	Great Bentley Running Club	0:43:29	309
259.	496	Matthew SALISBURY	MS	Unattached	0:43:29	308
260.	425	David TAYLOR	MV70+	Framlingham Flyers	0:43:31	307
262.	481	Jim WITHERS	MV60	Newmarket Joggers	0:43:39	306
263.	226	Stuart HOLLINGSWORTH	MV50	Felixstowe RRC	0:43:43	305
268.	270	David LAMPARD	MV55	Felixstowe RRC	0:43:56	304
272.	375	Karl SAVILL	MV45	Unattached	0:44:18	303
276.	428	Lee TAYLOR	MV45	Haverhill Running Club	0:44:35	302
284.	87	Duncan CHENERY	MV55	Ipswich Jaffa RC	0:45:01	301

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	Points
311.	106	David COLEY	MV65	Ipswich Jaffa RC	0:46:51	
400.	110	Martin COOPER	MV70+	Unattached	0:58:30	
293.	118	John CULLUM	MV70+	Saint Edmund Pacers	0:45:26	
416.	131	Paul DORSET	MV45	Felixstowe RRC	1:03:38	
394.	135	John DRIVER	MV60	Felixstowe RRC	0:55:39	
337.	189	David GUEST	MV50	Unattached	0:48:24	
417.	197	Chris HARBORD	MV70+	Bungay Black Dog RC	1:04:08	
334.	225	Tony HOLLAND	MV45	Ipswich Jaffa RC	0:48:12	
350.	245	Elie ISHAC	MV60	Felixstowe RRC	0:48:56	
302.	247	Richard JAQUES	MV55	Unattached	0:45:58	
323.	253	Nigel JOHNS	MV50	Capel Cheetahs RC	0:47:21	
420.	255	Mark JOHNSTON-WOOD	MV55	Sudbury Joggers	1:04:44	
342.	265	Robert KEMP	MS	Felixstowe RRC	0:48:41	
348.	289	Matt MAKIN	MS	Felixstowe RRC	0:48:51	
367.	324	Joe NAUGHTON	MV55	Stowmarket Striders Running Club	0:49:48	
306.	328	Paul NEWMAN	MV55	Unattached	0:46:33	
308.	332	Justin OSTLER	MV45	Felixstowe RRC	0:46:36	
383.	350	Marc RAPKIN	MV50	Unattached	0:52:04	
317.	355	Billy RICHMOND	MV50	Unattached	0:47:06	
410.	361	Steve ROBERTS	MS	Sudbury Joggers	0:59:58	
346.	362	Dave ROBINSON	MV45	Unattached	0:48:45	
321.	397	Christopher SLEMMINGS	MV70+	Ipswich Triathlon Club	0:47:21	
298.	402	Keelan SMITH	MS	Saxmundham Sports Running & Fitness	0:45:45	
318.	412	Charlie STANNETT	MV60	Ipswich Triathlon Club	0:47:08	
389.	418	David SUTHERLAND	MV65	Unattached	0:53:22	
422.	440	Martin TILLEY	MV70+	Saint Edmund Pacers	1:06:57	
288.	455	Grahame WALKINGSHAW	MV55	Jogging Made Easy	0:45:11	
381.	469	Ant WHITAKER	MV50	Unattached	0:51:45	
333.	11	Ian ALEXANDER	MV55	Unattached	0:48:09	
327.	20	David ATKINS	MV50	Unattached	0:47:30	
295.	25	Chris AYLMER	MV65	Newmarket Joggers	0:45:33	
357.	63	Ben BROWN	MU20	Unattached	0:49:13	
299.	74	William BURDETT	MV55	Stowmarket Striders Running Club	0:45:51	
290.	79	Andy CAMPLIN	MS	Unattached	0:45:20	
304.	82	Paul CAUSON	MV40	Unattached	0:46:17	
372.	83	John CELERIER	MV65	Unattached	0:50:28	
361.	86	Richard CHECKETTS	MV45	Framlingham Flyers	0:49:29	
324.	483	Mark WOODS	MV45	Unattached	0:47:26	
316.	485	Jerry WRIGHT	MV55	Unattached	0:47:01	

Number of records: 423