

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
FS							
33.	180	Jessie GOODERHAM	FS	Saint Edmund Pacers	0:31:15		500
49.	136	Emma DRURY	FS	Sudbury Joggers	0:32:14	0:32:11	499
55.	181	Alice GOODWIN	FS	Ipswich Harriers	0:32:39		498
64.	267	Katie KING	FS	Saint Edmund Pacers	0:33:28		497
86.	160	Rebecca FISH	FS	Unattached	0:34:21	0:34:19	496
87.	495	Emily ZETHRAEUS	FS	Great Bentley Running Club	0:34:22		495
114.	232	Rosie HORSFIELD	FS	Ipswich Jaffa RC	0:35:47		494
118.	318	Emma MORTIMER	FS	Unattached	0:36:03		493
130.	427	Holly TAYLOR	FS	Felixstowe RRC	0:36:35		492
133.	29	Helen BARBER	FS	Framlingham Flyers	0:36:42	0:36:38	491
139.	187	Terri GREEN	FS	Ipswich Jaffa RC	0:37:07		490
160.	105	Sophie COLEMAN	FS	Ipswich Jaffa RC	0:38:07		489
164.	286	Vashti	FS	Cambridge & Coleridge AC	0:38:15	0:38:13	488
174.	102	Hayley COATES	FS	Saint Edmund Pacers	0:38:48	0:38:42	487
175.	389	Gemma SHEPPARD	FS	Unattached	0:38:52	0:38:50	486
184.	435	Emma THISTLETON	FS	TRISudbury	0:39:12	0:39:07	485
193.	222	Hien HOANG	FS	Great Bentley Running Club	0:39:44	0:39:40	484
195.	200	Joanne HARPER	FS	Felixstowe RRC	0:39:52		483
200.	460	Lynsey WARREN	FS	Unattached	0:40:09		482
210.	39	Marion BENNETT	FS	Ipswich Jaffa RC	0:40:44		481
227.	64	Alisa Newman	FS	Unattached	0:41:33	0:41:29	480
241.	446	Ellen TURNER	FS	Unattached	0:42:30	0:42:21	479
249.	356	Maria RIERA TURRO	FS	Felixstowe RRC	0:42:51		478
252.	316	Heidi MORRIS	FS	Unattached	0:43:03		477
261.	382	Bridget SEARS	FS	Framlingham Flyers	0:43:32	0:43:19	476
264.	392	Lydia SIMMONS	FS	Saint Edmund Pacers	0:43:45	0:43:37	475
269.	357	Charlotte RING	FS	Unattached	0:44:00		474
275.	150	Becky ELLUL	FS	Felixstowe RRC	0:44:29		473
281.	280	Steph LING	FS	Unattached	0:44:45	0:44:39	472
283.	342	Helen POLLARD	FS	Unattached	0:44:58	0:44:47	471
294.	144	Gemma DUTTON	FS	Unattached	0:45:32		470
305.	119	Hannah DALE	FS	Unattached	0:46:23		469
309.	370	Francesca RUSSO	FS	Unattached	0:46:38		468
314.	57	Rachal BRETT	FS	Unattached	0:46:56	0:46:46	467
319.	499	Laura EDWARDS	FS	Unattached	0:47:11		466
326.	233	Adriana HOUCHELL	FS	Ipswich Jaffa RC	0:47:29		465
328.	419	Hollie SUTHERLAND	FS	Felixstowe RRC	0:47:31		464
340.	340	Emily PINNER	FS	Unattached	0:48:36	0:48:24	463
356.	32	Bethany BEDINGFIELD	FS	Unattached	0:49:13	0:49:02	462
365.	241	Karina HUNT	FS	Haverhill Running Club	0:49:39		461
366.	453	Kelly WADE	FS	Unattached	0:49:41	0:49:30	460
369.	295	Kirsty MARSH	FS	Felixstowe RRC	0:49:55	0:49:47	459
379.	100	Sarah CLARKE	FS	TRISudbury	0:51:28	0:51:17	458
388.	480	Samantha WILSON	FS	Unattached	0:52:59		457
391.	101	Emma CLIFTON	FS	Unattached	0:55:11	0:54:58	456
395.	443	Claire TROWER	FS	I Can Run CIC	0:55:41		455
399.	139	Suzi DUNNING	FS	Stowmarket Striders Running Club	0:58:09	0:58:02	454
408.	7	Lucy AINSLEY	FS	Unattached	0:59:30	0:59:22	453
412.	60	Doranne BREWSTER	FS	Unattached	1:01:17	1:01:08	452

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Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
413.	76	Claire BUTCHER	FS	Felixstowe RRC	1:01:17	1:01:08	451
414.	408	Jennifer SPINDLER	FS	Unattached	1:02:16	1:02:01	450
415.	130	Linda DORSET	FS	Felixstowe RRC	1:03:38	1:03:26	449
419.	254	Lauren	FS	Unattached	1:04:29	1:04:18	448
423.	329	Anamaria O'Brien	FS	Unattached	1:12:38	1:12:28	447

FU20

26.	450	Philippa UNTHANK	FU20	Ipswich Harriers	0:30:41		500
141.	319	Rose MORTIMER	FU20	Unattached	0:37:10		499
245.	445	Courtney TURNER	FU20	Felixstowe RRC	0:42:41		498

FV40

36.	218	Aiko HENINGTON	FV40	Colchester Harriers AC	0:31:29		500
45.	215	Alice HEATHER -	FV40	Hadleigh Hares AC	0:32:03		499
136.	413	Julia STELL	FV40	Ipswich Jaffa RC	0:36:53		498
146.	269	Magdalena	FV40	Great Bentley Running Club	0:37:26		497
165.	409	Victoria STACE	FV40	Framlingham Flyers	0:38:18	0:38:14	496
176.	127	Karen DEASY	FV40	Unattached	0:38:56	0:38:47	495
233.	492	Carissa WYATT	FV40	Unattached	0:42:05		494
266.	423	Caroline TALBOT	FV40	Ipswich Jaffa RC	0:43:50		493
270.	398	Alex SMITH	FV40	Stowmarket Striders Running Club	0:44:12		492
278.	498	Christine EVANS	FV40	Unattached	0:44:42		491
280.	8	Mary AKIN-GEORGE	FV40	Unattached	0:44:42		490
289.	465	Nicola WELDON	FV40	Ipswich Jaffa RC	0:45:18	0:45:10	489
292.	117	Amanda CRICHTON	FV40	Unattached	0:45:24		488
300.	312	Clare MOODIE	FV40	Framlingham Flyers	0:45:55	0:45:51	487
313.	410	Caroline STAFFORD	FV40	Felixstowe RRC	0:46:55		486
331.	216	Tamsin HEGARTY	FV40	Felixstowe RRC	0:47:46		485
339.	133	Charlotte DOWNING	FV40	Unattached	0:48:33	0:48:23	484
343.	71	Jodie BUDD	FV40	Sudbury Joggers	0:48:44	0:48:35	483
345.	234	Hayley HOWARD	FV40	Unattached	0:48:45		482
349.	198	Lucia HARDWICK	FV40	Unattached	0:48:52	0:48:42	481
352.	123	Pippa DAVIES	FV40	Unattached	0:49:11		480
354.	2	Tamsin ABERDEIN	FV40	Unattached	0:49:11		479
362.	354	Alison RENSHAW	FV40	Ipswich Jaffa RC	0:49:31		478
371.	390	Lisa SHUMAKE	FV40	Unattached	0:50:11		477
387.	65	Emma BROWN	FV40	Unattached	0:52:44		476
397.	326	Emma NEWMAN	FV40	Unattached	0:56:09	0:55:57	475
405.	380	Joanna SEALE	FV40	Unattached	0:59:16		474
407.	217	Claire HEMPSTEAD	FV40	I Can Run CIC	0:59:30	0:59:21	473
409.	220	Vicki HENSBY	FV40	Unattached	0:59:51	0:59:38	472

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Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
FV45							
112.	51	Sally-ann BOWEN	FV45	Sudbury Joggers	0:35:39	0:35:37	500
128.	372	Kate SANDERCOCK	FV45	Colchester Harriers AC	0:36:33		499
158.	56	Kaye BRANTON	FV45	Felixstowe RRC	0:37:59		498
166.	463	Sandra WEBB	FV45	Saint Edmund Pacers	0:38:19		497
216.	494	Goldie YULE	FV45	Unattached	0:41:03		496
217.	206	Jan HART	FV45	Unattached	0:41:05		495
220.	335	Jane PARKINGTON	FV45	Unattached	0:41:08		494
232.	5	Pauline ADAMS	FV45	Unattached	0:42:01		493
238.	472	Nicola WHITLEY	FV45	Capel Cheetahs RC	0:42:25	0:42:14	492
240.	191	Karen HAMILTON	FV45	Stowmarket Striders Running Club	0:42:27		491
248.	322	Alison MYLES	FV45	Unattached	0:42:50		490
253.	107	Laura COLLINSON	FV45	Unattached	0:43:05	0:42:55	489
267.	170	Juliet GARNHAM	FV45	Stowmarket Striders Running Club	0:43:51	0:43:43	488
279.	48	Joanna BLYTH	FV45	Felixstowe RRC	0:44:42	0:44:36	487
282.	153	Melonie EVANS	FV45	TRISudbury	0:44:52	0:44:46	486
287.	261	Beverley JUDD	FV45	Unattached	0:45:11	0:45:05	485
297.	174	Kathryn GERRY	FV45	Woodbridge Shufflers Running Club	0:45:44		484
307.	203	Kate HARROLD	FV45	Unattached	0:46:34		483
315.	310	Lois MICKLEBURGH	FV45	Unattached	0:46:57		482
320.	320	Julia MOSS-ECCARDT	FV45	Stowmarket Striders Running Club	0:47:14	0:47:07	481
325.	90	Amanda CHILDS	FV45	Ipswich Jaffa RC	0:47:29		480
329.	227	Helen	FV45	Felixstowe RRC	0:47:34		479
330.	264	Wendy KELLETT	FV45	Unattached	0:47:35	0:47:31	478
335.	420	Lisa SUTHERLAND	FV45	TRISudbury	0:48:13	0:48:04	477
336.	168	Suzanne FROST	FV45	TRISudbury	0:48:21	0:48:10	476
347.	58	Amanda BREWSTER	FV45	Stowmarket Striders Running Club	0:48:47	0:48:40	475
353.	1	Kirsty ABERDEIN	FV45	Unattached	0:49:11		474
358.	365	Claire ROOKE	FV45	Sudbury Joggers	0:49:22	0:49:13	473
368.	429	Tracey TAYLOR	FV45	Unattached	0:49:54	0:49:43	472
375.	268	Heidi KNIGHT	FV45	Capel Cheetahs RC	0:51:02		471
382.	456	Kate WARBOYS	FV45	Newmarket Joggers	0:51:48		470
384.	95	Tina CHURCH	FV45	Saxmundham Sports Running &	0:52:23		469
396.	400	Heather SMITH	FV45	I Can Run CIC	0:55:47	0:55:38	468
406.	213	Sharon HAYFIELD	FV45	Unattached	0:59:17		467

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Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
FV50							
131.	323	Mary NAREY	FV50	Stowmarket Striders Running Club	0:36:36	0:36:33	500
162.	195	Jackie HANN	FV50	Sudbury Joggers	0:38:12	0:38:08	499
178.	182	Christine GOODWIN	FV50	Unattached	0:39:00		498
221.	46	Maxine BISHOP	FV50	Unattached	0:41:09	0:41:04	497
226.	339	Sandy PHILLIPS	FV50	Ipswich Jaffa RC	0:41:22		496
231.	334	Jo PARDEN	FV50	Framlingham Flyers	0:41:52	0:41:49	495
236.	113	Ruth COWLIN	FV50	Sudbury Joggers	0:42:20	0:42:17	494
243.	249	Trish JARVIS	FV50	Jogging Made Easy	0:42:35	0:42:28	493
244.	466	Helena WEST	FV50	Saint Edmund Pacers	0:42:36		492
251.	91	Diane CHILVERS	FV50	Unattached	0:42:59	0:42:49	491
265.	459	Sharon WARLAND	FV50	Stowmarket Striders Running Club	0:43:47	0:43:42	490
273.	228	Nathalie HOOPER	FV50	Hadleigh Hares AC	0:44:21	0:44:15	489
274.	205	Deb HART	FV50	Unattached	0:44:22	0:44:18	488
286.	44	Eloise BIRD	FV50	Saint Edmund Pacers	0:45:03		487
332.	176	Mandy GODBOLD	FV50	Ipswich Harriers	0:47:50	0:47:48	486
341.	424	Alison TAYLOR	FV50	Unattached	0:48:39	0:48:29	485
344.	347	Amanda PRIOR	FV50	Capel Cheetahs RC	0:48:44	0:48:32	484
355.	395	Karen SKENE	FV50	Capel Cheetahs RC	0:49:13	0:49:01	483
363.	155	Teresa FARMER	FV50	Great Bentley Running Club	0:49:32	0:49:30	482
370.	114	Sarah COX	FV50	Unattached	0:49:56	0:49:45	481
373.	77	Dara BYHAM	FV50	Unattached	0:50:31		480
376.	416	Helen SUGARS	FV50	Unattached	0:51:11		479
390.	66	Samantha BROWN	FV50	Unattached	0:53:58	0:53:47	478
404.	47	Susan BLOOMFIELD	FV50	Unattached	0:59:14	0:59:00	477
FV55							
91.	341	Rebecca PITTMAN	FV55	Springfield Striders RC	0:34:38		500
107.	16	Christine ANTHONY	FV55	Saint Edmund Pacers	0:35:34		499
121.	252	Val JENNINGS	FV55	Ipswich Jaffa RC	0:36:11		498
168.	386	Jenny SHEAHAN	FV55	Eastern Veterans AC	0:38:31		497
213.	462	Kirsty WEAVERS	FV55	Saint Edmund Pacers	0:40:54	0:40:47	496
223.	302	Sandra MAYHEW	FV55	Stowmarket Striders Running Club	0:41:10		495
277.	94	Jenny CHURCH	FV55	Felixstowe RRC	0:44:39	0:44:33	494
291.	393	Marion SIMMONS	FV55	Great Bentley Running Club	0:45:21	0:45:16	493
296.	19	Suzi ASHWORTH	FV55	Woodbridge Shufflers Running Club	0:45:42		492
301.	188	Ruth GREGGOR	FV55	Unattached	0:45:57		491
303.	484	Denise WRIGHT	FV55	Stowmarket Striders Running Club	0:46:06	0:45:58	490
322.	240	Tracy HUMPHREYS	FV55	Stowmarket Striders Running Club	0:47:21	0:47:13	489
351.	437	Cheryl THOMAS	FV55	Ipswich Jaffa RC	0:48:57	0:48:46	488
360.	358	Jan RISEBROW	FV55	Felixstowe RRC	0:49:28	0:49:22	487
377.	208	Anne HARVEY	FV55	Ipswich Jaffa RC	0:51:12		486
378.	490	Julie WRIGHT	FV55	Unattached	0:51:13		485
386.	210	Angela Whiting	FV55	Stowmarket Striders Running Club	0:52:39	0:52:28	484
392.	282	Nicola LLOYD	FV55	Unattached	0:55:25		483
402.	116	Sue CRAWTE	FV55	Sudbury Joggers	0:59:11	0:59:01	482
403.	192	Sally-ann HAMMOND	FV55	Unattached	0:59:14	0:59:00	481

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Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
FV60							
202.	175	Belinda GODBOLD	FV60	Ipswich Jaffa RC	0:40:10	0:40:08	500
239.	313	Jenny MORGAN	FV60	Saint Edmund Pacers	0:42:27		499
247.	373	Bobbie SAUERZAPF	FV60	Bungay Black Dog RC	0:42:49	0:42:36	498
250.	293	Christine MARSH	FV60	Stowmarket Striders Running Club	0:42:55	0:42:52	497
271.	276	Marion LEWIS	FV60	Saxmundham Sports Running &	0:44:16	0:44:09	496
285.	33	Alison BEECH	FV60	Ipswich Jaffa RC	0:45:02	0:44:56	495
310.	167	Edwina FROST	FV60	Unattached	0:46:41	0:46:35	494
359.	85	Gillian CHARLTON	FV60	Stowmarket Striders Running Club	0:49:27	0:49:20	493
374.	491	Sue WRIGHT	FV60	Great Bentley Running Club	0:50:59	0:50:54	492
393.	421	Simone SUTHERLAND	FV60	Framlingham Flyers	0:55:25		491
398.	162	Maggie FLATT	FV60	Beccles & Bungay Harriers	0:57:55	0:57:41	490
401.	229	Mary HOPE	FV60	Stowmarket Striders Running Club	0:58:56		489
FV65							
312.	430	Vivienne TAYLOR	FV65	Framlingham Flyers	0:46:53		500
338.	184	Vivienne GRAY	FV65	Unattached	0:48:29	0:48:17	499
380.	238	Annette HUGGINS	FV65	Framlingham Flyers	0:51:31	0:51:19	498
411.	172	Chris GAY	FV65	Lonely Goat Running Club	1:01:09	1:00:56	497
421.	406	Charmian SMY	FV65	Framlingham Flyers	1:06:24	1:06:21	496
FV70+							
364.	487	Maureen WRIGHT	FV70+	Ipswich Jaffa RC	0:49:36		500
385.	185	Jan GREEN	FV70+	Framlingham Flyers	0:52:38		499
418.	156	Gaye FARRAR	FV70+	Framlingham Flyers	1:04:13	1:04:00	498

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Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
MS							
1.	171	Tony GAVIN	MS	Felixstowe RRC	0:27:54		500
2.	73	Samuel BURDETT	MS	Stowmarket Striders Running Club	0:28:00	0:28:00	499
3.	475	Jack WILKINSON	MS	Unattached	0:28:38		498
4.	479	James WILSON	MS	Saxmundham Sports Running &	0:28:39		497
5.	452	Adam WADE	MS	Ipswich Jaffa RC	0:28:42	0:28:41	496
6.	214	Kieran HAYLES	MS	Sudbury Joggers	0:28:43		495
11.	112	Aidan COUGHLAN	MS	Vegan Runners UK	0:29:03		494
12.	98	Nicholas CLARKE	MS	Ipswich Jaffa RC	0:29:12		493
13.	23	Matthew AXTON	MS	Saint Edmund Pacers	0:29:14		492
15.	149	Andy ELLIS	MS	Felixstowe RRC	0:29:51		491
18.	405	Ashley SMY	MS	Framlingham Flyers	0:30:04		490
20.	376	Gavin SCANLAN	MS	Colchester Harriers AC	0:30:21	0:30:20	489
23.	35	Aden BELL	MS	Hadleigh Hares AC	0:30:27	0:30:23	488
25.	68	Stuart BUCHAN	MS	Stowmarket Striders Running Club	0:30:38	0:30:37	487
32.	426	Gary TAYLOR	MS	Felixstowe RRC	0:31:14		486
40.	173	Adam GERRISH	MS	Colchester Harriers AC	0:31:36		485
42.	401	Jordan SMITH	MS	Ipswich Jaffa RC	0:31:54		484
46.	330	Ricky O'Neill	MS	Ipswich Jaffa RC	0:32:03		483
57.	301	Melvyn MAYCOCK	MS	Unattached	0:32:46		482
60.	417	Daniel SUMMERSGILL	MS	Colchester Harriers AC	0:33:19		481
63.	223	Alex HOBBS	MS	Stowmarket Striders Running Club	0:33:27	0:33:26	480
77.	31	Neil BARNETT	MS	Unattached	0:33:55	0:33:53	479
81.	161	Tom Codling	MS	TRISudbury	0:34:10	0:34:06	478
89.	10	Duncan Scott	MS	Great Bentley Running Club	0:34:36		477
90.	457	Stuart WARD	MS	Unattached	0:34:37		476
97.	128	Ricky DEASY	MS	Unattached	0:35:00		475
99.	204	Max HARROLD	MS	Unattached	0:35:08		474
105.	451	Kirk VAUGHAN	MS	Unattached	0:35:27		473
111.	486	Kenneth WRIGHT	MS	Ipswich Jaffa RC	0:35:39	0:35:34	472
115.	404	Scott SMITH	MS	Unattached	0:35:50	0:35:46	471
123.	231	Gavin HORREX	MS	Unattached	0:36:21		470
124.	292	Peter MANSFIELD	MS	Sudbury Joggers	0:36:23	0:36:15	469
135.	129	Neil DENNIS	MS	Stowmarket Striders Running Club	0:36:51	0:36:44	468
145.	59	David BREWSTER	MS	Unattached	0:37:22	0:37:19	467
147.	137	Scott DUNBAR	MS	Unattached	0:37:30		466
148.	55	Jamie BRANDON	MS	Unattached	0:37:30		465
154.	369	Alex RUSSO	MS	Unattached	0:37:47	0:37:43	464
167.	477	Matt WILLIAMS	MS	Unattached	0:38:30		463
170.	18	Ross ARNOLD	MS	Haverhill Running Club	0:38:37		462
179.	311	Tom MINNS	MS	Unattached	0:39:05	0:38:59	461
183.	134	Timothy DRAIN	MS	Stowmarket Striders Running Club	0:39:11	0:39:08	460
186.	305	David MCNAE	MS	Unattached	0:39:22	0:39:15	459
192.	474	Patrick WILFORD	MS	Saxmundham Sports Running &	0:39:42	0:39:35	458
225.	207	Matthew HARVEY	MS	Unattached	0:41:13		457
234.	360	Joe ROBERTS	MS	Unattached	0:42:07		456
255.	298	Stuart MATHIESON	MS	Sudbury Joggers	0:43:14	0:43:06	455
259.	496	Matthew SALISBURY	MS	Unattached	0:43:29		454
290.	79	Andy CAMPLIN	MS	Unattached	0:45:20		453
298.	402	Keelan SMITH	MS	Saxmundham Sports Running &	0:45:45		452

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342.	265	Robert KEMP	MS	Felixstowe RRC	0:48:41	0:48:35	451
348.	289	Matt MAKIN	MS	Felixstowe RRC	0:48:51	0:48:44	450
410.	361	Steve ROBERTS	MS	Sudbury Joggers	0:59:58	0:59:48	449

MU20

10.	40	Matthew BENNETT	MU20	Ipswich Jaffa RC	0:28:59		500
56.	212	Tom HAYDEN	MU20	Framlingham Flyers	0:32:44	0:32:42	499
62.	434	William TERRY	MU20	Stowmarket Striders Running Club	0:33:25	0:33:24	498
68.	41	Conner BILNER	MU20	Ipswich Jaffa RC	0:33:38	0:33:37	497
70.	109	Paul COOLEGE	MU20	Unattached	0:33:44	0:33:42	496
74.	42	Oliver BINGHAM	MU20	Stowmarket Striders Running Club	0:33:50	0:33:47	495
82.	54	Dylan BRADNAM	MU20	Saint Edmund Pacers	0:34:11	0:34:10	494
95.	271	Oliver LANGNER	MU20	Ipswich Jaffa RC	0:34:49		493
228.	143	Kieran DURRANT	MU20	Unattached	0:41:42		492
230.	142	Aaron DURRANT	MU20	Unattached	0:41:45		491
357.	63	Ben BROWN	MU20	Unattached	0:49:13	0:49:02	490

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
MV40							
9.	296	Jason MARTER	MV40	Framlingham Flyers	0:28:59	0:28:58	500
16.	199	Neal HARDWICK	MV40	Unattached	0:29:56	0:29:55	499
28.	338	Chris PERRY	MV40	Saint Edmund Pacers	0:30:57		498
29.	454	Westley WALKER	MV40	Haverhill Running Club	0:31:06	0:31:04	497
34.	122	Matt DAVEY	MV40	Colchester Harriers AC	0:31:17	0:31:15	496
37.	263	Charles KEITCH	MV40	Great Bentley Running Club	0:31:29		495
38.	202	Robin HARPER	MV40	Felixstowe RRC	0:31:33		494
43.	12	Tom ALEXANDER	MV40	Woodbridge Shufflers Running Club	0:31:55		493
53.	331	Paul OSBORNE	MV40	Felixstowe RRC	0:32:33		492
58.	81	Marcus CATLIN	MV40	Ipswich Jaffa RC	0:32:50		491
59.	294	David MARSH	MV40	Stowmarket Striders Running Club	0:33:06	0:33:03	490
65.	348	Damian PRYKE	MV40	Unattached	0:33:29		489
73.	151	James ELLUL	MV40	Felixstowe RRC	0:33:48		488
79.	374	Len SAUNDERS	MV40	Felixstowe RRC	0:34:07		487
80.	248	Martin JARVIS	MV40	Unattached	0:34:09	0:34:07	486
100.	30	Jonathan BARNES	MV40	Woodbridge Shufflers Running Club	0:35:13		485
103.	317	Paul MORRIS	MV40	Unattached	0:35:25		484
110.	381	Dean SEARLE	MV40	Felixstowe RRC	0:35:35		483
113.	367	Kyle ROPER	MV40	Ipswich Jaffa RC	0:35:44		482
120.	325	Stephen NEUMANN	MV40	Unattached	0:36:09	0:36:07	481
126.	478	Neil WILLIAMSON	MV40	Newmarket Joggers	0:36:31	0:36:25	480
140.	368	Mark ROSE	MV40	Ipswich Jaffa RC	0:37:10		479
142.	145	Rob DYER	MV40	Great Bentley Running Club	0:37:12		478
152.	383	Daniel SELFE	MV40	Stowmarket Striders Running Club	0:37:44	0:37:41	477
155.	17	Femi ARIYO	MV40	Unattached	0:37:49		476
163.	4	John ADAMS	MV40	Ipswich Jaffa RC	0:38:13		475
169.	38	Jamie BENNETT	MV40	Ipswich Jaffa RC	0:38:35		474
185.	24	Tom AYKROYD	MV40	Unattached	0:39:18	0:39:10	473
189.	351	Matthew RAWLINGS	MV40	Saint Edmund Pacers	0:39:26	0:39:21	472
190.	274	Robert LEDGER	MV40	Unattached	0:39:32		471
191.	489	Jamie WRIGHT	MV40	Framlingham Flyers	0:39:41	0:39:37	470
212.	235	Matt HOWE	MV40	Felixstowe RRC	0:40:53		469
235.	343	James POLLARD	MV40	Bournville Harriers Running Club	0:42:17	0:42:06	468
254.	327	Mark NEWMAN	MV40	Unattached	0:43:07	0:42:55	467
257.	34	Dan	MV40	Stowmarket Striders Running Club	0:43:26	0:43:17	466
304.	82	Paul CAUSON	MV40	Unattached	0:46:17	0:46:07	465

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
MV45							
7.	441	Keith TILLEY	MV45	Ipswich Jaffa RC	0:28:48		500
8.	237	Adam HOWLETT	MV45	Framlingham Flyers	0:28:48		499
17.	388	Darren SHEPPARD	MV45	Framlingham Flyers	0:29:57		498
21.	211	Mark HAYDEN	MV45	Framlingham Flyers	0:30:24	0:30:22	497
31.	53	Philip BRACKENBURY	MV45	Unattached	0:31:10		496
35.	439	John THORPE	MV45	Ipswich Jaffa RC	0:31:18		495
41.	115	Andrew CRAIG	MV45	Woodbridge Shufflers Running Club	0:31:40	0:31:39	494
44.	193	Tim HANMAN	MV45	Ipswich Jaffa RC	0:31:57	0:35:24	493
50.	166	Adrian FROST	MV45	Saint Edmund Pacers	0:32:22		492
52.	415	Chris SUGARS	MV45	Felixstowe RRC	0:32:33		491
61.	262	Darren JUDD	MV45	Unattached	0:33:25	0:33:22	490
66.	407	Gareth SOUTHGATE	MV45	Stowmarket Striders Running Club	0:33:30	0:33:27	489
67.	147	Andy ECCLES	MV45	Saint Edmund Pacers	0:33:36		488
71.	45	Peter BIRD	MV45	Saint Edmund Pacers	0:33:46		487
75.	464	Vince WEBB	MV45	Saint Edmund Pacers	0:33:52		486
83.	219	John HENINGTON	MV45	Colchester Harriers AC	0:34:17		485
84.	69	Kerry BUCKLEY	MV45	Felixstowe RRC	0:34:18		484
88.	411	Simon STAFFORD	MV45	Unattached	0:34:36		483
93.	126	Craig	MV45	Unattached	0:34:44		482
96.	201	Kevin HARPER	MV45	Unattached	0:34:58		481
101.	281	Kevin LINSELL	MV45	Unattached	0:35:13		480
106.	165	Simon FRASER	MV45	Unattached	0:35:31		479
127.	148	Andre EDWARDS	MV45	Unattached	0:36:31		478
137.	132	Mark DOWNEY	MV45	Felixstowe RRC	0:37:01		477
157.	256	Martin JONES	MV45	Unattached	0:37:57		476
161.	493	Dave YOUNG	MV45	Unattached	0:38:10	0:37:59	475
177.	396	Mark SKINNER	MV45	Unattached	0:38:57	0:38:52	474
181.	309	Andrew METCALFE	MV45	Felixstowe RRC	0:39:08		473
182.	3	Jason ABLETT	MV45	Stowmarket Striders Running Club	0:39:09	0:39:02	472
187.	178	Lee GODDARD	MV45	Stowmarket Striders Running Club	0:39:25		471
188.	366	Graham ROOKE	MV45	Unattached	0:39:26	0:39:21	470
196.	93	David CHURCH	MV45	Felixstowe RRC	0:39:52	0:39:48	469
197.	471	Chris WHITLEY	MV45	Unattached	0:39:58	0:39:46	468
211.	84	Stephen CHAPMAN	MV45	Stowmarket Striders Running Club	0:40:50	0:40:45	467
229.	442	Christopher TRANTER	MV45	Unattached	0:41:44		466
272.	375	Karl SAVILL	MV45	Unattached	0:44:18	0:44:10	465
276.	428	Lee TAYLOR	MV45	Haverhill Running Club	0:44:35	0:44:25	464
308.	332	Justin OSTLER	MV45	Felixstowe RRC	0:46:36		463
324.	483	Mark WOODS	MV45	Unattached	0:47:26		462
334.	225	Tony HOLLAND	MV45	Ipswich Jaffa RC	0:48:12	0:47:59	461
346.	362	Dave ROBINSON	MV45	Unattached	0:48:45		460
361.	86	Richard CHECKETTS	MV45	Framlingham Flyers	0:49:29		459
416.	131	Paul DORSET	MV45	Felixstowe RRC	1:03:38	1:03:26	458

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
MV50							
19.	78	Wilfred CAMPBELL	MV50	Ipswich Jaffa RC	0:30:09		500
22.	61	Steve BROOKE	MV50	Felixstowe RRC	0:30:25		499
30.	13	Mark ALLEN	MV50	Ipswich Jaffa RC	0:31:08		498
51.	194	Charles HANN	MV50	Sudbury Joggers	0:32:31		497
54.	476	Keith WILLIAMS	MV50	Ipswich Jaffa RC	0:32:38		496
69.	377	Nigel SCHOFIELD	MV50	Saint Edmund Pacers	0:33:44		495
76.	448	Chris TYE	MV50	Ipswich Triathlon Club	0:33:53		494
92.	394	Michael SIMMONS	MV50	Great Bentley Running Club	0:34:43		493
117.	384	Stephen SHAW	MV50	Felixstowe RRC	0:36:00		492
119.	236	Dave HOWGEGO	MV50	Unattached	0:36:04		491
132.	336	Tim PARNELL	MV50	Unattached	0:36:36		490
134.	209	Stephen HATTEN	MV50	Saint Edmund Pacers	0:36:48		489
138.	224	Karl HOLBROOK	MV50	Unattached	0:37:03	0:36:58	488
151.	80	David CASEY	MV50	Ipswich Triathlon Club	0:37:41	0:37:37	487
153.	14	Rob ANDERSON	MV50	Unattached	0:37:45		486
156.	177	Mark GODBOLD	MV50	Ipswich Harriers	0:37:51	0:37:49	485
159.	15	Mark ANDREWS	MV50	Unattached	0:38:05	0:37:56	484
172.	22	Chris AXFORD	MV50	Jogging Made Easy	0:38:43	0:38:37	483
173.	352	Robert REASON	MV50	Stowmarket Striders Running Club	0:38:46		482
180.	164	Chris FOX	MV50	Woodbridge Shufflers Running Club	0:39:07		481
198.	359	Stephen RITSON	MV50	Stowmarket Striders Running Club	0:39:59		480
204.	140	Christopher DURRANT	MV50	Unattached	0:40:16		479
205.	431	Brian TELFORD	MV50	Great Bentley Running Club	0:40:17		478
207.	337	Clive PEMBERTON	MV50	Unattached	0:40:22		477
215.	303	Paul MCALLISTER	MV50	Hadleigh Hares AC	0:40:57		476
218.	458	Peter WARLAND	MV50	Stowmarket Striders Running Club	0:41:07	0:40:53	475
237.	403	Richard SMITH	MV50	Saint Edmund Pacers	0:42:23	0:42:16	474
246.	432	Andrew TERRY	MV50	Stowmarket Striders Running Club	0:42:47		473
263.	226	Stuart	MV50	Felixstowe RRC	0:43:43		472
317.	355	Billy RICHMOND	MV50	Unattached	0:47:06	0:46:57	471
323.	253	Nigel JOHNS	MV50	Capel Cheetahs RC	0:47:21		470
327.	20	David ATKINS	MV50	Unattached	0:47:30	0:47:18	469
337.	189	David GUEST	MV50	Unattached	0:48:24	0:48:10	468
381.	469	Ant WHITAKER	MV50	Unattached	0:51:45	0:51:37	467
383.	350	Marc RAPKIN	MV50	Unattached	0:52:04	0:51:51	466

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
MV55							
14.	108	Chris COOKE	MV55	Saint Edmund Pacers	0:29:15	0:29:15	500
24.	467	Peter WEST	MV55	Colchester Harriers AC	0:30:37	0:30:35	499
27.	461	Mark WATTS	MV55	Saint Edmund Pacers	0:30:43		498
39.	438	Glynn THOMAS	MV55	Ipswich Jaffa RC	0:31:36		497
48.	99	Peter CLARKE	MV55	Diss & District AC	0:32:08	0:32:06	496
78.	70	Andrew BUDD	MV55	Capel Cheetahs RC	0:34:02		495
85.	92	Chris CHORLEY	MV55	Bungay Black Dog RC	0:34:20	0:34:11	494
104.	158	Yusuf FIRAT	MV55	Haverhill Running Club	0:35:26		493
108.	315	Vaughan MORRIS	MV55	Stowmarket Striders Running Club	0:35:34	0:35:28	492
109.	221	Richard HIGGINS	MV55	Framlingham Flyers	0:35:35	0:35:32	491
116.	186	Stuart GREEN	MV55	Stowmarket Striders Running Club	0:35:52	0:35:47	490
122.	36	Robin BELSOM	MV55	Ipswich Jaffa RC	0:36:20		489
125.	154	Colin FARMER	MV55	Great Bentley Running Club	0:36:28		488
129.	349	Justin RABETT	MV55	Saint Edmund Pacers	0:36:33	0:36:30	487
143.	378	Paul SCHWER	MV55	Felixstowe RRC	0:37:16		486
149.	141	Steven DURRANT	MV55	Felixstowe RRC	0:37:37		485
171.	385	David SHEAHAN	MV55	Unattached	0:38:39		484
203.	163	Andrew FORSTER	MV55	Unattached	0:40:14	0:40:11	483
206.	414	David STEWARD	MV55	Woodbridge Shufflers Running Club	0:40:18	0:40:12	482
209.	345	Nick POTTER	MV55	Suffolk Trail Runners	0:40:31	0:40:26	481
219.	157	Peter FINCH	MV55	Ipswich Jaffa RC	0:41:07		480
242.	104	Adrian COLE	MV55	Stowmarket Striders Running Club	0:42:31	0:42:24	479
256.	436	Andrew THOMAS	MV55	Unattached	0:43:25		478
268.	270	David LAMPARD	MV55	Felixstowe RRC	0:43:56		477
284.	87	Duncan CHENERY	MV55	Ipswich Jaffa RC	0:45:01		476
288.	455	Grahame	MV55	Jogging Made Easy	0:45:11		475
299.	74	William BURDETT	MV55	Stowmarket Striders Running Club	0:45:51		474
302.	247	Richard JAQUES	MV55	Unattached	0:45:58		473
306.	328	Paul NEWMAN	MV55	Unattached	0:46:33	0:46:25	472
316.	485	Jerry WRIGHT	MV55	Unattached	0:47:01		471
333.	11	Ian ALEXANDER	MV55	Unattached	0:48:09	0:47:59	470
367.	324	Joe NAUGHTON	MV55	Stowmarket Striders Running Club	0:49:48		469
420.	255	Mark	MV55	Sudbury Joggers	1:04:44	1:04:33	468

Mike Todd Kirton 5 Miles

Finisher List - Individual Scores

Place	Bib	Name	Cat	Club	GunTime	ChipTime	Points
MV60							
47.	26	Terry BACK	MV60	Ipswich Jaffa RC	0:32:07		500
72.	246	Alan JACKSON	MV60	Ipswich Jaffa RC	0:33:47		499
94.	346	Stephen PRETTY	MV60	Saint Edmund Pacers	0:34:46	0:34:42	498
102.	138	Stephen DUNNETT	MV60	Framlingham Flyers	0:35:21		497
144.	314	Robert MORGAN	MV60	Saint Edmund Pacers	0:37:18		496
150.	473	Graham WIGLEY	MV60	Framlingham Flyers	0:37:40	0:37:37	495
194.	120	Michael DALE	MV60	Unattached	0:39:50		494
201.	468	John WESTON	MV60	Unattached	0:40:10	0:40:05	493
208.	300	Robert MAWSON	MV60	Framlingham Flyers	0:40:27	0:40:21	492
214.	297	David MARTIN	MV60	Unattached	0:40:55	0:40:53	491
258.	169	Frank GARDINER	MV60	Great Bentley Running Club	0:43:29	0:43:24	490
262.	481	Jim WITHERS	MV60	Newmarket Joggers	0:43:39	0:43:34	489
318.	412	Charlie STANNETT	MV60	Ipswich Triathlon Club	0:47:08	0:47:00	488
350.	245	Elie ISHAC	MV60	Felixstowe RRC	0:48:56		487
394.	135	John DRIVER	MV60	Felixstowe RRC	0:55:39	0:55:27	486
MV65							
98.	97	Neville CLARKE	MV65	Newmarket Joggers	0:35:04		500
199.	50	Keith BORRETT	MV65	Unattached	0:40:03		499
222.	497	Graham BERNTHAL	MV65	Unattached	0:41:09	0:41:06	498
295.	25	Chris AYLMER	MV65	Newmarket Joggers	0:45:33	0:45:26	497
311.	106	David COLEY	MV65	Ipswich Jaffa RC	0:46:51		496
372.	83	John CELERIER	MV65	Unattached	0:50:28		495
389.	418	David SUTHERLAND	MV65	Unattached	0:53:22		494
MV70+							
224.	283	Patrick LOCKETT	MV70+	Newquay Road Runners	0:41:12		500
260.	425	David TAYLOR	MV70+	Framlingham Flyers	0:43:31	0:43:27	499
293.	118	John CULLUM	MV70+	Saint Edmund Pacers	0:45:26	0:45:18	498
321.	397	Christopher	MV70+	Ipswich Triathlon Club	0:47:21	0:47:16	497
400.	110	Martin COOPER	MV70+	Unattached	0:58:30	0:58:17	496
417.	197	Chris HARBORD	MV70+	Bungay Black Dog RC	1:04:08	1:03:54	495
422.	440	Martin TILLEY	MV70+	Saint Edmund Pacers	1:06:57	1:06:44	494

Number of records: 423